

PARKSIDE
PRIVATE HOSPITAL

CANCER CENTRE
LONDON

Referrers' Directory 2021–2022

Welcome to exceptional healthcare

PART OF ASPEN HEALTHCARE

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Parkside Private Hospital Consultants

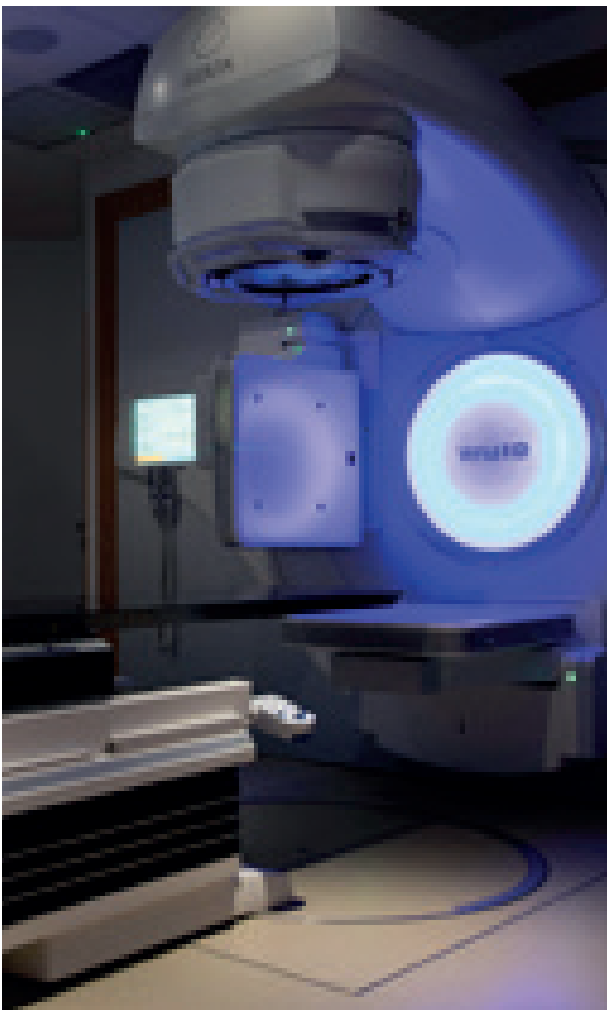
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Welcome



Dear colleagues,

Welcome to this new and updated directory of our services at Parkside Private Hospital and Cancer Centre London.

We are proud of our reputation in offering patients a comfortable, caring and relaxed environment for all their care and treatment needs. Our feedback in 2020 shows that patient satisfaction remains high. 99% of our patients rated the overall impression of their consultant as good, very good or excellent.

We offer an holistic, multi-disciplinary approach and invest in state-of-the-art equipment and facilities for our patients. This makes us one of the leading private healthcare providers in South-West London.

Over the past year, we have installed a new MRI scanner, refurbished our Chemotherapy Day Unit and completed a major refurbishment of our Day Unit. We are also proud to have launched the Parkside Orthopaedic and Sports Medicine Centre. This showcases our outstanding consultants and provides a one-stop shop for patients' medical needs in one location.

We have continued to seek independent assessment and recently achieved various successes:

- The Joint Advisory Group on Gastrointestinal Endoscopy (JAG) independently awarded their accreditation of our Endoscopy Unit.
- The Care Quality Commission reported that all our services were 'Good'.
- Our oncology services were awarded the prestigious CHKS oncology standards accreditation and ISO certification.

At the UK Customer Experience Awards 2020, we won a gold award as part of Aspen Healthcare for our response to the coronavirus pandemic. The pandemic has placed unprecedented strain on healthcare services across the UK and London has been severely affected. On page 32 you can read about how we have shared resources, including inpatient beds, staff and life-saving equipment, with local NHS Trusts. We are proud to support the NHS and will continue to offer our help when needed.

We have also adapted our services to ensure that they remain accessible during the pandemic. Throughout 2020 we offered virtual, as well as face-to-face, consultations for the first time. We also launched a new long Covid service to support patients coping with the long-term effects of coronavirus.

However your patients choose to access our services, we tailor the care package to their individual needs. We put each individual's health and wellbeing at the heart of our work.

Thank you for recommending us to your patients for their care. We look forward to working with you.

Phil Bates
Hospital Director

PARKSIDE Orthopaedics & Sports Medicine Centre

At Parkside Orthopaedics and Sports Medicine Centre, we look after all your patients' medical needs in one location. They do not have to go into Central London for scans, surgery or post-operative care.

Your patients can have their consultations, diagnostics, follow-up, non-operative treatments, surgery, rehabilitation and ongoing support from our exceptional team, all under one roof.



To refer your patients, please call **020 3925 1062** or email a referral letter to: **OPDAppointments@parkside-hospital.co.uk**

Parkside Private Hospital, No.53 Parkside, Wimbledon SW19 5NX parkside-hospital.co.uk

PART OF PARKSIDE PRIVATE HOSPITAL

Why choose Parkside Private Hospital?

At Parkside Private Hospital, we have been providing first-class independent healthcare to our patients for over 35 years.

We offer everything that you would expect from your local independent hospital. This includes outpatient clinics, imaging and diagnostics, health screening, and treatment and surgery for wide-ranging medical specialities.

Our hospital also has exceptional facilities. These include a JAG (Joint Advisory Group on Gastrointestinal Endoscopy) accredited Endoscopy Unit, a £2.7 million refurbished Day Unit and a Stryker Mako robotic-arm system for joint replacement surgery.

We are trusted partners offering your patients quick and easy access to clinical pathways.

Over 400 specialist consultants

We work with over 400 consultant doctors and other allied healthcare specialists in London. Many of them also have substantive roles in the NHS. All of our nurses are registered with the Nursing and Midwifery Council.

Referring patients to Parkside Private Hospital for outpatient, inpatient or day case treatment is easy. Our team of experienced healthcare professionals ensure that your patients get the best possible care and treatment.

Zero hospital-acquired infection

We have a track record of zero hospital-acquired MRSA or Clostridium difficile (C.diff) infection at Parkside Private Hospital.

Choosing Parkside Private Hospital for your patients' treatment

NHS funded: Parkside Private Hospital welcomes NHS patients who need treatment in the following specialities: Ear, nose and throat (ENT) services, endoscopy, general surgery, pain management and orthopaedics.

Insured: If your patients have private medical insurance, they should be covered to come to Parkside Private Hospital. We have agreements with most major health insurance companies, which allow patients to be treated at our hospital.

Self-funded: Your patients do not have to be insured to be treated at Parkside Private Hospital. We have all-inclusive price packages available for most medical procedures. This gives your patients the reassurance of knowing exactly how much their treatment costs in advance.

Our mission statement

Our mission is to provide first-class independent healthcare for the local community in a safe, comfortable and welcoming environment; one in which we would be happy to treat our own families.



Our services

At Parkside Private Hospital, we can care for patients from their initial consultation and diagnostic tests right through to surgical treatment and rehabilitation. We cover most medical specialities.

Our services include:

- Audiology
- Cardiology
- Dermatology
- Ear, nose and throat (ENT)
- Echocardiography
- Endocrinology
- Gastroenterology
- General medicine
- General surgery
- Gynaecology
- Haematology
- Medical microbiology and virology
- Neurology
- Neurosurgery
- Ophthalmology
- Oral and maxillofacial surgery
- Orthopaedics
- Paediatrics and paediatric surgery
- Pain management
- Palliative care
- Plastic and cosmetic surgery
- Psychiatry
- Rehabilitation
- Rheumatology
- Sports and exercise medicine
- Urology
- Vascular surgery

Facts and figures

 360+ Hardworking staff	 400+ Consultant experts
 69 Registered beds	 21 Outpatient consulting rooms
 4 Operating theatres and JAG accredited endoscopy suite	

One exceptional hospital

Patient satisfaction survey results in 2020

Our feedback in 2020 shows that patient satisfaction remains high. We are proud of our reputation, our staff and the quality of our healthcare at Parkside Private Hospital.

 99% of our patients rated the overall impression of their consultant as 'good', 'very good' or 'excellent'	 97% of our patients told us that the overall quality of their care was 'good', 'very good' or 'excellent'
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Reviews on the healthcare review platform Doctify

4.84

Overall patient trust rating


Overall experience

Wait time


Cleanliness

Friendliness





Facebook

Reviews: (based on 146 reviews) 

Patient feedback in 2020

'Staff - Helpful, friendly, reassuring, positive, informative, professional.'

'Friendly, patient staff. Stringent Covid-19 regulations, but not sacrificing patient care. I felt safe and looked after. Thank you Parkside.'

'I have attended Parkside Private Hospital on many occasions and have always been impressed with all aspects of service.'

'Fantastic care. My questions were all answered with patience and care. Nurses were amazing, very caring and attentive.'

'The staff at Parkside Private Hospital were all very kind and caring. I have no complaints about the care received.'



Facilities at a glance

- 4 operating theatres
- High Dependency Unit with 5 beds
- 75 registered beds, all with satellite TV, a direct-dial telephone and internet facilities
- 21 outpatient consulting rooms and 4 minor procedure rooms
- £2.7 million refurbished Day Unit with 12 private pods for patients
- BUPA accredited breast and bowel care centres
- Dedicated endoscopy suite
- Pathology laboratory
- Full range of imaging and diagnostic facilities (including MRI and CT scans)
- Dispensing pharmacy
- Physiotherapy and heated pool for hydrotherapy
- Free onsite car parking



Accreditations and awards

Accreditations



Overall ‘Good’ – Care Quality Commission (CQC) rating
A team of CQC inspectors visited Parkside Private Hospital in 2019. This was part of the CQC’s ongoing inspection programme for independent acute hospitals. The CQC awarded us an overall rating of ‘Good’ in March 2020.



AfPP for theatres
Parkside Private Hospital is accredited by the Association for Perioperative Practice (AfPP).



Joint Advisory Group (JAG) accreditation
Parkside Private Hospital’s Endoscopy Unit has been awarded JAG (Joint Advisory Group on Gastrointestinal Endoscopy) accreditation. This prestigious accreditation is only awarded to endoscopy units that provide a high-quality service for patients.



WorldHost® business status
WorldHost is a nationally recognised badge of excellence for customer service. All staff at Parkside Private Hospital are trained to world host standards. The training covers hospitality, good first impressions, telephone manner and communication skills.



Bupa accreditation
Bupa, the UK’s leading private healthcare insurance company, has accredited Parkside Private Hospital as breast care and bowel care centres of excellence for cancer diagnosis and treatment.



Caspe Healthcare Knowledge Systems (CHKS) oncology standards accreditation and ISO certification
In 2021, Parkside Private Hospital’s oncology services received the CHKS oncology standards accreditation and ISO certification. This means that our processes and standards meet international best practice, and our services are safe, reliable and of good quality.



Macmillan Quality Environment Mark
Parkside Private Hospital’s Oncology Ward has been awarded the Macmillan Quality Environment Mark (MQEM). The MQEM is a detailed quality framework used to assess whether cancer care environments meet the standards required by people living with cancer.



United Kingdom Accreditation Service (UKAS)
UKAS, the national accreditation body for the United Kingdom, has given quality accreditation to Parkside Private Hospital’s Pathology Laboratory.



ISO certification for Sterile Services Unit
The Sterile Services Unit at Parkside Private Hospital is Medical Devices Directive (MDD/93/42/EEC), ISO 9001 and ISO 13485 accredited. This means that we comply with the highest standards to ensure that surgical instruments used in clinical procedures are safe and sterile.



Food Standards Agency rating
The Food Standards Agency inspected Parkside Private Hospital in 2020 and awarded us a 5-star food hygiene rating.

Patient-Led Assessment of the Care Environment (PLACE)
Parkside Private Hospital has undertaken a Patient-Led Assessment of the Care Environment (PLACE). This is a system for assessing the quality of the patient environment. It provides a clear message, directly from patients, about how the environment or services might be enhanced.

Awards



UK Employee Experience Awards 2021
Parkside Private Hospital, as part of Aspen Healthcare, won a gold award in the ‘Health and Wellbeing of Employees’ category. This award celebrates our health and wellbeing strategy, which focuses on the four pillars of employees’ physical, mental, financial and social wellbeing.



UK Employee Experience Awards 2020
Parkside Private Hospital, as part of Aspen Healthcare, won double gold awards in the ‘Delivering customer experience’ and ‘Employee training and development’ categories. The customer experience award recognises our ‘STEP-Up-To-Safety’ scheme, which is a patient safety and culture change programme.



UK Customer Experience Awards 2020
In 2020, Aspen Healthcare and Parkside Private Hospital won a gold award in the ‘Customer experience in the crisis’ category. This award recognises our response to the coronavirus pandemic.



LaingBuisson Awards 2020
Parkside Private Hospital, as part of Aspen Healthcare, was a double finalist at the LaingBuisson Awards. These awards recognise and celebrate industry excellence and innovative services in the public, private and third sectors.



London Healthy Workplace Award 2019
Parkside Private Hospital received a London Healthy Workplace Award 2019. This is an accreditation scheme by the Mayor of London’s Office and supported by Public Health England. It recognises London employers who invest in their employees’ health and wellbeing. The award is valid for four years.



UK Business Awards 2019
In 2019, Parkside Private Hospital won a gold award in the ‘Wellbeing at work’ category. This is another award that recognises our health and wellbeing strategy for employees, which has proved highly effective.



Diagnostic imaging services

Features of our diagnostic imaging service

- Relaxed, calm and comfortable environment
- Rapid access with minimal waiting times
- Open seven days a week, with convenient appointment times
- Friendly, experienced radiographers
- Images reported by specialist consultant radiologists
- Quick results sent directly to the patient's consultant or doctor, usually within 48 hours
- Competitive self-pay prices

Our consultant radiologists

To view our consultant radiologists' profiles, please visit: www.parkside-hospital.co.uk/consultants and type 'radiologist' in the search box.

Our Diagnostic Imaging Department is fully equipped with the latest imaging equipment and offers a range of services, including:

- digital X-ray
- two MRI scanners
- CT scanner
- Ultrasound
- PET-CT scanner
- DXA scanner for our one-stop osteoporosis screening service
- specialist screening for various conditions, including breast, bowel and prostate cancer
- nuclear medicine

Our scans offer patients the highest quality imaging, which is vital for rapid diagnosis and improved outcomes.

A quality service

Our department is made up of registered radiographers and consultant radiologists. We follow the guidelines produced by the Royal College of Radiologists and College of Radiographers.

We are registered and regulated by the Care Quality Commission (CQC) and accredited by all major insurers, including BUPA, AXA Health and WPA.

Our department uses a fully integrated, digital picture archiving and communication system (PACS). This viewing system allows consultants to see investigations instantly in their consulting room or at any terminal in the hospital.

Referrals and appointments

To refer your patients for diagnostic imaging, please download a referral form from www.parkside-hospital.co.uk/referral-information You can either:

- email the completed form securely to psimaging.bookings@nhs.net
- give the completed form to your patients and ask them to make their own appointment by calling **020 8971 8025** or emailing the form to psimaging.bookings@nhs.net

You cannot refer NHS patients directly for diagnostic imaging services at Parkside Private Hospital.

93% of our patients would recommend us to their friends and family

Physiotherapy

Facilities

The Physiotherapy Department at Parkside Private Hospital is fully equipped with:

- a rehabilitation gym
- an outdoor AstroTurf area
- a specialist treatment area with five private cubicles
- a Pilates studio with a reformer machine
- a large hydrotherapy pool

Conditions that can be treated with physiotherapy

Our physiotherapists treat people of all ages with physical problems caused by illness, accident or ageing, including:

- arthritis
- back and neck pain
- dizziness or vestibular issues
- hand conditions
- headaches and migraines
- joint pain and stiffness
- long Covid symptoms
- musculoskeletal pain
- osteoporosis
- neurological disorders
- post-operative pain or reduced function
- respiratory conditions
- rheumatological conditions
- sports injuries
- temporomandibular joint disorder
- women's health issues
- work-related disorders

Treatments available

We currently offer these physiotherapy treatments at Parkside Private Hospital:

- acupuncture
- 3D bike fit assessment (video analysis to achieve the optimum cycling position)
- exercise therapy
- hand therapy (including thermoplastic splinting)
- hydrotherapy
- lung health classes
- lymphoedema therapy (including manual lymphatic drainage therapy and compression garment fitting)
- manual lymphatic drainage therapy
- massage therapy
- neurological treatment
- occupational therapies
- Pilates (reformer, individual and group)
- pre-operative conditioning or preparation
- rehabilitation
- respiratory physiotherapy
- return to fitness classes
- return to sport programmes
- running analysis
- temporomandibular joint physiotherapy
- women's health services
- practical advice and specialised stretching to treat work-related disorders

Our physiotherapists

All our physiotherapists are members of the Chartered Society of Physiotherapy and registered with the Health and Care Professions Council (HCPC). They work closely with other specialists in the hospital and provide supportive services where necessary.

For more information, please visit [parkside-hospital.co.uk/services/physiotherapy](https://www.parkside-hospital.co.uk/services/physiotherapy)

Referral information

Referring self-funded or insured patients to Parkside Private Hospital for physiotherapy is a simple process. You can:

- email physio@parkside-hospital.co.uk
- phone us on **020 8971 8021**
- post your referral letter to: Physiotherapy Department, Parkside Private Hospital, 53 Parkside, Wimbledon, London SW19 5NX

Patients who are self-funding or have private medical insurance can also refer themselves directly for physiotherapy. They can:

- email physio@parkside-hospital.co.uk
- phone us on **020 8971 8021**
- complete our online form at: www.parkside-hospital.co.uk/contact-us/request-a-physiotherapy-appointment

97% of respondents rated our overall quality of care as 'excellent, very good or good'



Our high quality endoscopy service

We are delighted to announce that Parkside Private Hospital's Endoscopy Unit has been awarded JAG (Joint Advisory Group on Gastrointestinal Endoscopy) accreditation. This prestigious accreditation is only awarded to endoscopy units that provide a high-quality service for patients. We had to show clear evidence of meeting the JAG standards in four areas: clinical quality, patient experience, workforce and training.

Our hospital provides a welcoming environment, with a self-contained endoscopy suite and procedure room. The Unit has highly skilled endoscopy specialists and an experienced clinical and managerial team.

Various consultant specialists perform endoscopies in our Unit, depending on the medical condition that is being investigated. We offer these procedures in the Endoscopy Unit:

- Capsule endoscopy
- Colonoscopy
- Cystoscopy
- Flexible sigmoidoscopy
- Gastroscopy
- Haemorrhoidectomy (banding of haemorrhoids only)
- Oesophageal stent or dilatation
- Polypectomy

All procedures at the Endoscopy Unit are available for self-pay, private medical insurance and NHS patients. To find out more, including prices for self-pay procedures, please call **020 8971 8000**.



Accreditation



“ Every aspect of my experience with Parkside was first class, from visiting at the initial appointment, to having a pre-operative assessment, to going in for surgery. ”



Oncology services in partnership with Cancer Centre London

At Parkside Private Hospital, we run our oncology services in partnership with the neighbouring Cancer Centre London.

Cancer Centre London provides:

- chemotherapy
- radiotherapy
- physiotherapy
- psychological support
- various complementary therapies.

Outpatient consultations and treatments are available at Cancer Centre London. We have a dedicated oncology ward at Parkside Private Hospital if patients require surgery or an inpatient stay.

We ensure continuity of care between the two hospital sites. Our expert multidisciplinary team give patients both physical and emotional support before, during and after their treatment. Coping with a cancer diagnosis and treatment can be overwhelming. Individuals may experience many different complex emotions. We have a variety of specialist services to support patients and their loved ones at this difficult time.

For more detailed information, please see the **Cancer Centre London Referrers' Directory 2021-2022** later in the brochure. This explains how Parkside Private Hospital and Cancer Centre London work together closely to offer diagnostic services across both sites, including:

- a full range of diagnostic imaging
- genetic testing for breast, ovarian and colorectal cancer and for rare cancers
- health screening for various types of cancer, including bowel, breast, ovarian and prostate cancer
- nuclear medicine, including PET-CT scans, to assist with more precise diagnosis and staging
- a One Stop Breast Clinic for patients with any breast-related symptom
- a One Stop Clinic to help patients get a quick and accurate diagnosis
- a Rapid Access Clinic for patients with non-specific but concerning symptoms.

Day Unit

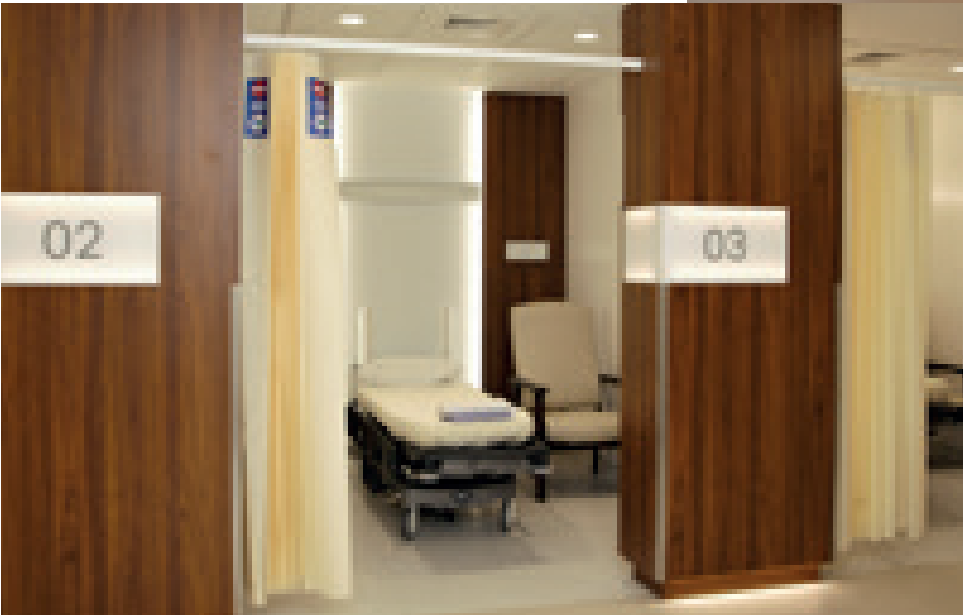
In January 2020, we opened our £2.7 million refurbished Day Unit at Parkside Private Hospital. This was the culmination of an ambitious renovation project that began in the summer of 2019.

Our state-of-the-art Day Unit includes 12 private pods for patients having planned day case surgical procedures. There is also an attractive new reception and waiting area for family members and loved ones.

Phil Bates, our Hospital Director, says, *'This significant investment in our hospital has allowed us to move away from open-plan accommodation to developing a contemporary Day Unit. The spacious pods not only increase patients' comfort, but also enhance their privacy and dignity.'*

Our Day Unit was redesigned to improve the experience for patients, visitors and staff. The entire unit has been redecorated and is bright, spacious and welcoming. This can help our patients to feel more relaxed and comfortable both before and after their procedure.

Helen Sheppard, our Surgical and High Dependency Unit Manager, explains, *'For patients coming out of surgery, it makes a big difference to be cared for in a modern and airy environment. The refurbished Day Unit has a hugely positive impact on patient experience.'*



Mako robotic arm assisted surgery for joint replacements

In April 2019, we introduced pioneering surgical equipment to our Orthopaedic Department. The Stryker Mako robotic arm assists our orthopaedic surgeons to perform knee and hip replacement operations with pinpoint accuracy.

Parkside is the first independent hospital in South London to provide robotic orthopaedic surgery. We have invested in the latest technology to offer a modern alternative to traditional methods of joint replacement.

An advanced system of technology

In the weeks before an operation, the surgeon uses the Stryker Mako technology to create a personalised surgical plan. They take a CT scan of the joint and upload it into the Mako system software. This produces an exact 3D model of the patient's knee or hip. The surgeon can then plan the operation to within fractions of a millimetre.

During the operation, the robotic arm helps the surgeon to stay within the planned boundaries and place the new implant in the optimal position. If the robotic cutting tool passes over a part of the joint that does not need removing, it shuts off automatically. The tool does not start again until it reaches the parts mapped out for removal. This method reduces the risk of surgical errors and improves patient safety.

Delivering superior results

The Stryker Mako system offers benefits over and above standard surgery, including:

- a surgical procedure that is fully customised to each patient's needs
- improved accuracy, allowing fine adjustments by the surgeon throughout the procedure
- a higher level of alignment and positioning during surgery
- faster recovery times with less post-operative pain and increased mobility
- reduced complications with fewer revisions needed over time.

Our patients who opted for robotic surgery have reported positive outcomes and could resume their active lifestyle more quickly.

Celebrating 100 robotic arm assisted operations

In November 2020, we celebrated a landmark 100 operations at Parkside Private Hospital using the Stryker Mako robotic arm. Mr Giles Heilpern, our Consultant Orthopaedic Surgeon, said, *'It is an absolute pleasure to have performed the 100th Mako robot-assisted procedure at Parkside, having performed the very first. I am proud to be involved with this innovative technology and genuinely see it as a game changer in knee replacement surgery.'*

Phil Bates, Parkside Private Hospital Director, believes that the new technology highlights our position as a centre of excellence for orthopaedic care and sports medicine. He reflects, *'In many ways the Mako robot is the jewel in our crown, helping us to raise the bar in terms of the services we can offer.'*

Mr Giles Heilpern, Consultant
Orthopaedic Surgeon



Paediatric services

At Parkside Private Hospital, we have a variety of consultants who can see children at outpatient and diagnostic clinics in the following specialities:

- Allergies and respiratory conditions
- Dermatology
- Ear, Nose and Throat (ENT)
- General paediatrics
- General practice
- Neurology
- Ophthalmology
- Oral and maxillofacial surgery
- Orthopaedics and sports medicine
- Plastic surgery
- Rheumatology
- Urology

We offer:

- exceptional care for children, whether are coming to the hospital for an outpatient appointment, blood test or surgery
- a specialist outpatients' ground floor waiting room, where children can read, play or watch television
- imaging for children aged from 0+ years, provided that they can keep still and the test is medically appropriate
- minimal waiting times for children, who are prioritised
- a special playlist for children and young people to help relax them during MRI scans
- a paediatric phlebotomy service in the Outpatients Department every Wednesday afternoon to ensure that children experience minimal discomfort.

A parent or guardian must accompany any child under 18 years of age who comes to our hospital.

Paediatric surgery

We can arrange day case surgery for children from the age of three. Our consultants treat various childhood conditions and perform these procedures:

- Adenoidectomy and tonsillectomy
- Circumcision
- Grommet insertion
- Inguinal hernia and hydrocoele surgery
- Oral and dental surgery
- Orthopaedic procedures
- Otoplasty
- Surgery to remove skin and neck lumps
- Surgery to correct a squint
- Orchidopexy (undescended testicle repair surgery)

Our dedicated paediatric nurse cares for children between the ages of three and 15 years (inclusive), who are admitted for day case surgery.

Making self-pay or private medical insurance referrals for children

If you would like to refer a child patient for private treatment, you can write your own letter of referral or download a referral form at: www.parkside-hospital.co.uk/referral-information Please email your referral letter or completed form to OPDAppointments@parkside-hospital.co.uk

As referral letters contain sensitive patient data, it is important to comply with the General Data Protection Regulation (GDPR). Please use the secure email address above and do not send the referral letter through our website.



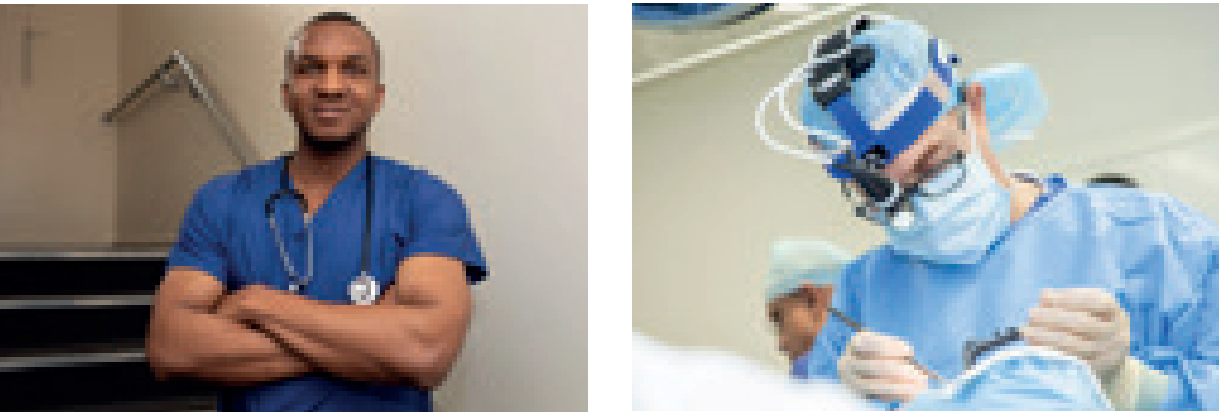
Do you know we offer the following **NHS** services at Parkside Private Hospital?



NHS e-Referral Service

Parkside Private Hospital is part of the Aspen Healthcare Group. When you make a referral, you need to search for:

'Aspen Parkside Private Hospital'



Ear, nose and throat (ENT)

NHS e-Referral

Conditions treated:

- Ear problems
- Swallowing problems
- Thyroid problems
- Nasal blockages
- Sinusitis
- Allergic rhinitis
- Salivary gland problems
- Ear drum perforations
- Conductive hearing loss (age 59 or below)
- Tonsillitis

Procedures performed:

- Tonsillectomy
- Adenoidectomy
- Functional endoscopic sinus surgery (FESS)
- Nasal polypectomy
- Septorhinoplasty
- Partial thyroidectomy
- Parotidectomy

General surgery

Direct access endoscopy

- Gastroscopy
- Endoscopy
- Laparoscopic umbilical hernia repair



NHS e-Referral

Conditions treated:

- Inguinal hernia
- Umbilical hernia
- Lumps and bumps
- Lipoma
- Skin lesions
- Benign cysts
- Cholecystitis
- Haemorrhoids

Procedures performed:

- Repair of inguinal and umbilical hernia
- Excision and biopsy of lumps and bumps
- Laparoscopic cholecystectomy
- Anal fissure/fistula
- Haemorrhoidectomy

Pain management

NHS e-Referral

Conditions treated:

- Acute back pain
- Chronic pain
- Musculoskeletal pain
- Sciatica
- Neuropathic pain
- Spinal pain
- Fibromyalgia

Procedures performed:

- Spinal injections (epidural, facet joint)
- Sacroiliac joint injections
- Epidural injections
- Trigger point injections
- Denervation

Exclusions:

- Patients with conditions assessed as ASA Level 3 or 4
- Patients who require continuous positive airway pressure (CPAP)
- Patients with a body mass index (BMI) over 40
- Patients under the age 18

Orthopaedics

NHS e-Referral

Conditions treated:

Shoulder

- Shoulder pain
- Rotator cuff tear
- Osteoarthritis
- Tendonitis

Spine

- Back pain

Hand and Wrist

- Trigger finger
- Dupuytren's contracture
- Ganglion
- Carpal tunnel syndrome

Hip

- Hip pain
- Osteoarthritis
- Bursitis

Knee

- Osteoarthritis
- Knee trauma

Foot and Ankle

- Ankle pain
- Arthralgia of the ankle or foot
- Osteoarthritis
- Bunions/Hallux valgus

Procedures performed:

- Arthroscopy (shoulder, knee, ankle)
- Bunionectomy/Hallux valgus correction
- Excision of Morton's neuroma
- Hip/Knee hemiarthroplasty
- Primary total hip/knee replacement
- Anterior cruciate ligament repair
- Trigger finger release
- Carpal tunnel decompression
- Excision of ganglion
- Subacromial decompression
- Rotator cuff repair
- Tendon repair
- Lumbar discectomy
- Lumbar decompression
- Facet joint injection
- Epidural injection

“The choice of consultants is nothing short of excellent. They are people at the top of their profession. The staff and nurses go above and beyond to make you feel warm and welcome.”

Referring **NHS** patients to Parkside Private Hospital

At Parkside Private Hospital, we welcome NHS patients and aim to provide the best quality treatment. We can offer your patients fast and easy access to NHS pathways. Our hospital is easily accessible from Central London and the surrounding areas. We pride ourselves on high standards of care and a friendly atmosphere.

We currently offer these specialist services under the NHS Patient Choice scheme:

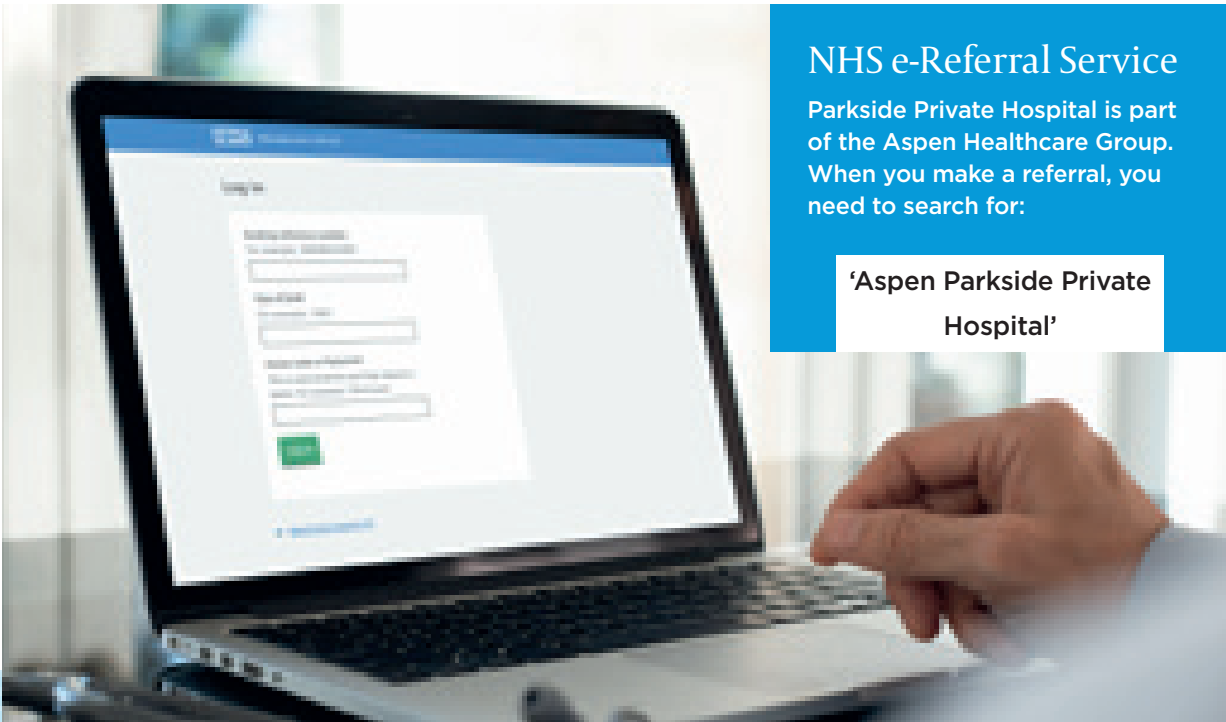
- Ear, nose and throat (ENT) services
- General surgery (gastroscopy, endoscopy and laparoscopic umbilical hernia repair)
- Pain management
- Orthopaedics (shoulder, spine, hand and wrist, hip, knee, foot and ankle)

How to make an NHS e-Referral Service booking at Parkside

You can refer NHS patients to us and select the date and location of their appointment while they are at your GP practice. To book an appointment at Parkside Private Hospital, please select 'Aspen' and then choose 'Parkside' from the drop-down list. For more information, please visit digital.nhs.uk/services/e-referral-service

When you have created login details, your patients can also make an appointment with us themselves for the services under the NHS Patient Choice scheme. They can do this on the NHS e-Referral Service booking website at refer.nhs.uk/login

If you or your patients have any questions about NHS e-Referral at Parkside Private Hospital, please call 020 8971 1261 or email NHSContractsTeam@parkside-hospital.co.uk



Self-pay, private medical insurance, diagnostic and physiotherapy referrals

Self-pay referrals

All-inclusive price packages

Wherever possible, we offer self-funding patients an all-inclusive price package. This covers all treatment costs, such as the consultant's operating charges, anaesthetist's fees, hospital care and stay, and aftercare. This means that patients know exactly what they will pay before their treatment.

Making a self-pay referral

If you would like to refer a patient for private treatment, you can write your own letter of referral or download a referral form at: www.parkside-hospital.co.uk/referral-information Please email your referral letter or completed form to OPDAppointments@parkside-hospital.co.uk

As referral letters contain sensitive patient data, it is important to comply with the General Data Protection Regulation (GDPR). Please use the secure email address above and do not send the referral letter through our website.

Patients can find out more about self-pay, prices and appointments by visiting: www.parkside-hospital.co.uk/selfpay Alternatively, they can speak to our friendly self-pay advisers by calling 020 3925 1062 or emailing selfpay@parkside-hospital.co.uk

Private medical insurance referrals

Parkside Private Hospital is accredited by, and has direct settlement agreements with, most major private medical health insurance companies. This includes BUPA and AXA Health. Your patients should check with their private medical health insurance company before booking any treatment.

To refer a patient with private medical insurance, you can write your own letter of referral or download a referral form at: www.parkside-hospital.co.uk/referral-information Please email your referral letter or completed form to OPDAppointments@parkside-hospital.co.uk



Diagnostic referrals

You can refer self-funded or insured patients for a wide range of diagnostic imaging, including X-ray, ultrasound, MRI and CT scans, and mammography. To make a referral, please download a referral form from www.parkside-hospital.co.uk/referral-information You can either:

- email the completed form securely to psimaging.bookings@nhs.net
- give the completed form to your patients and ask them to make their own appointment by calling 020 8971 8025 or emailing the form to psimaging.bookings@nhs.net

You cannot refer NHS patients directly for diagnostic imaging at Parkside Private Hospital.

Physiotherapy referrals

To refer insured or self-funded patients for physiotherapy, you can:

- email physio@parkside-hospital.co.uk
- phone us on 020 8971 8021
- post your referral letter to: Physiotherapy Department, Parkside Private Hospital, 53 Parkside, Wimbledon London SW19 5NX

Patients who are self-funding or have private medical insurance can also refer themselves directly for physiotherapy. They can use the email address or phone number above or complete our online form at: www.parkside-hospital.co.uk/contact-us/request-a-physiotherapy-appointment

Our free CPD events and training for GPs, medical and practice staff

We know that continuing professional development (CPD) and networking are important to you. For this reason, we invest in running free CPD educational events on many different clinical subjects.

During the coronavirus (Covid-19) pandemic and while social distancing remains in place, we have introduced new ways to deliver our CPD events. We want to continue supporting your professional development. In 2021, we are offering educational webinars and bespoke online learning sessions.

For more information on how we can help your surgery, please visit our website at www.parkside-hospital.co.uk or email: education@parkside-hospital.co.uk

As soon as possible, we hope to offer you and your practice:

Evening/weekend CPD educational events

Our expert Parkside consultants can run evening and weekend educational events for GPs. At these sessions, we aim to share:

- practical tips to help improve local treatment
- information on how to make appropriate referrals
- updates on new developments in clinical practice.

There will be opportunities to ask questions about individual specialities and build supportive relationships with our consultants.

Seminars and networking

We can host free educational seminars for GPs, physiotherapists and other healthcare professionals. The seminars will cover a variety of topics and be held on weekday evenings and Saturday mornings. Full catering will be included and you will get a CPD certificate.

Learn at Lunch or Breakfast

We can hold 'Learn at Lunch' or 'Learn at Breakfast' sessions at your surgery or remotely. You will be able to choose the topic, date and format of your learning session. We can offer:

- case-based discussions
- lectures
- practical learning
- a more informal introduction to our consultants.

We will provide the catering and a consultant speaker, and you will be awarded CPD points.



Supporting the **NHS** during the coronavirus (Covid-19) pandemic

The coronavirus pandemic is the biggest challenge that the NHS has faced in history. We have united with the NHS to make more hospital beds, healthcare staff and life-saving equipment urgently available in our local community. Kate Hoffmann, our Group Chief Nurse and Head of Clinical Services, explains, *'Nothing gives us greater pride than to stand with our NHS family at this time of national emergency.'*

Partnership working

In March 2020, NHS England announced an historic partnership agreement with almost 30 independent hospital groups including Aspen Healthcare Ltd. Under the partnership, Parkside Private Hospital made all 350 staff,

69 inpatient beds and vital equipment available to the NHS. We also introduced robust safety measures at our hospital, including pre-screening Covid-19 assessments for patients and social distancing.

The Independent Healthcare Providers Network (IHPN) praised our hospital in a report called 'Working together during the Covid-19 pandemic'. Our response to the pandemic was also highlighted at the UK Customer Experience Awards 2020, where Aspen Healthcare won a gold award.

There are three main ways that we have united with the NHS during the pandemic:

- **Caring for NHS patients at Parkside:** We quickly established links with St George's University Hospitals NHS Foundation Trust in Tooting, London. To deal with the surge in coronavirus cases, they had to redeploy many staff to intensive care units. At Parkside Private Hospital, we helped to reduce the pressure on our local NHS Trust by caring for non-coronavirus patients with urgent needs.

We gave NHS patients time-critical medical and surgical elective treatment. For example, we accepted ambulatory trauma (orthopaedics), general surgery and plastic surgery cases from St. George's Hospital. They referred us diagnostic requests for CT and MRI scans.

We also supported Kingston Hospital NHS Foundation Trust by providing dental treatment for children.

- **Volunteering to work on NHS wards:** 40 clinical and non-clinical staff at Parkside Private Hospital volunteered to support the Nightingale Hospital.
- **Transferring essential equipment to the NHS:** With the British Army's help, we transferred seven life-saving anaesthetic ventilator machines to the South West London Elective Orthopaedic Centre. This NHS site in Epsom is a designated Covid-19 Centre. We also lent the NHS several infusion pumps to care for coronavirus patients.

London has been severely affected by the coronavirus pandemic and we continue to support the NHS in 2021. Phil Bates, our Hospital Director, reflects, *'I'm immensely proud of our team at Parkside, who are going above and beyond to support the health service at this difficult and uncertain time. At Parkside we have the staff, the facilities and the resources to bolster the NHS in our local area. We're absolutely determined to provide whatever support the NHS needs and will continue to help the health service for as long as it takes.'*



Cancer Centre London

Introducing Cancer Centre London

At Cancer Centre London, there is a modern, caring and supportive environment for patients having cancer treatment.

Cancer Centre London takes an holistic approach to cancer care and provides the latest equipment and advanced treatment programmes. We constantly strive to develop new procedures and techniques. Our aim is to give patients access to a wide range of therapies and the most up-to-date diagnostic facilities and evidence-based practice.

We recognise that the coronavirus (Covid-19) pandemic has been exceptionally challenging for people living with cancer. During the pandemic, we made our full capacity available to local NHS Trusts and hospitals. We continued to deliver life-saving cancer treatments and ensured that patients had continuity of care.

We have followed all NHS guidelines on Covid-19 and introduced robust safety measures to protect clinically extremely vulnerable patients undergoing cancer treatment. Having to shield or self-isolate and cope with a cancer diagnosis at the same time can be an isolating experience. Our experienced staff are sensitive to the physical and emotional needs of each individual, and offer various supportive therapies.

We currently provide these services:

- Chemotherapy, hormone therapy, immunotherapy and cancer growth inhibitors
- External beam radiotherapy
- Oncology pharmacy
- Nuclear medicine
- Photodynamic therapy
- Cryotherapy for skin cancer
- Haemato-oncology Unit
- Onsite pathology
- Breast care nursing service
- Dietitian service
- Complementary therapies
- Counselling and psychological support
- Support groups (currently postponed during the coronavirus pandemic)
- Specialist physiotherapy
- Lymphoedema service
- Pain management
- Palliative care
- International patient service

Thank you for choosing Cancer Centre London.




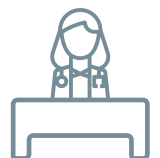


Facilities at a glance

- 6 consulting rooms
- 12 chemotherapy chairs
- Bupa accredited Breast Cancer Unit and One Stop Breast Clinic
- Elekta Versa High Definition (HD) system for radiotherapy
- HexaPOD treatment couch for rotational verification treatment set-ups
- Latest radiotherapy treatment techniques, including stereotactic radiotherapy (SRT), volumetric arc therapy (VMAT), intensity modulated radiotherapy (IMRT) and image guided radiation therapy (IGRT)
- Xstrahl superficial radiotherapy machine
- 'AlignRT' optical monitoring system for tattoo-less radiotherapy
- Onsite pathology
- Oncology pharmacy
- Cancer Information Centre
- 4D CT radiotherapy planning with a dedicated planning 64-slice, wide-bore CT scanner
- MRI and PET-CT scans (both carried out at neighbouring Parkside Private Hospital)
- Nuclear medicine
- Haemato-oncology Unit
- Physiotherapy service
- Onsite parking



Facts and figures

 55+ Hardworking staff	 25+ Consultant experts
 12 Chemotherapy chairs	 6 Outpatient consulting rooms

One exceptional hospital

“Made me feel relaxed and safe in a potentially scary situation. My treatment was always on time and explained to me throughout. Kind staff with a sense of humour. I can’t thank them enough.”



Patient satisfaction survey results in 2020

Our feedback in 2020 shows that patient satisfaction remains high. We are proud of our reputation, our staff and the quality of our healthcare at Cancer Centre London.

According to the patient satisfaction survey results in 2020:

99% of our patients would be ‘extremely likely’ or ‘likely’ to recommend Cancer Centre London.
99% of our patients rated the overall quality of their care as ‘good’, ‘very good’ or ‘excellent’.
100% of our patients said that they were always treated with respect and dignity.
100% of our patients rated the overall standard of their nursing care as ‘good’, ‘very good’ or ‘excellent’.
100% of our patients would be ‘extremely likely’ or ‘likely’ to recommend their consultant.
100% of our patients said that they always had confidence and trust in the staff at Cancer Centre London.

Patient feedback in 2020

‘Outstanding level of care, professionalism and efficiency.’

‘The Radiotherapy Department was excellent. The staff were so nice and friendly, and also very professional. My treatment was always on time and the whole experience was lovely. I actually enjoyed and looked forward to coming in for treatment.’

‘It’s a tranquil place with friendly staff, good availability for appointments and easy parking.’

‘I really appreciated every person in the team. Each one helped me and were very patient when I felt anxious during treatment.’

‘Cancer Centre London handled the very difficult Covid situation really well. All your staff were also really kind and thoughtful, which is important to make you feel at ease.’

‘Cancer Centre London has given me the confidence that you will do everything possible to help my condition.’

Accreditations and awards

Accreditations



Overall ‘Good’ – Care Quality Commission (CQC) rating

A team of CQC inspectors visited Cancer Centre London in 2019. This was part of the CQC’s ongoing inspection programme for independent acute hospitals. The CQC awarded us an overall rating of ‘Good’ in February 2020.

The CQC report states: ‘Staff cared for the patients with compassion. Feedback from patients confirmed that staff treated them well and with kindness and provided emotional support.’



Bupa accreditation

Bupa, the UK’s leading private healthcare insurance company, has accredited Cancer Centre London as a breast care centre of excellence for cancer diagnosis and treatment.



Caspe Healthcare Knowledge Systems (CHKS) oncology standards accreditation and ISO certification

In 2021, Cancer Centre London received the prestigious CHKS oncology standards accreditation and ISO certification. This means that our processes and standards meet international best practice, and our cancer services are safe, reliable and of good quality.



Macmillan Quality Environment Mark

Cancer Centre London has been awarded the Macmillan Quality Environment Mark (MQEM). The MQEM is a detailed quality framework used to assess whether cancer care environments meet the standards required by people living with cancer.



WorldHost® business status

WorldHost is a nationally recognised badge of excellence for customer service. All staff at Cancer Centre London are trained to world host standards. The training covers hospitality, good first impressions, telephone manner and communication skills.



Food Standards Agency rating

The Food Standards Agency inspected Cancer Centre London in 2018 and awarded us a 5-star food hygiene rating.

Patient-Led Assessment of the Care Environment (PLACE)

Cancer Centre London has undertaken a Patient-Led Assessment of the Care Environment (PLACE). This is a system for assessing the quality of the patient environment. It provides a clear message, directly from patients, about how the environment or services might be enhanced.

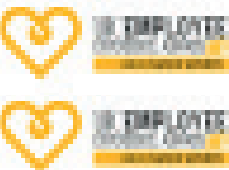


Awards



UK Employee Experience Awards 2021

Cancer Centre London, as part of Aspen Healthcare, won a gold award in the ‘Health and Wellbeing of Employees’ category. This award celebrates our health and wellbeing strategy, which focuses on the four pillars of employees’ physical, mental, financial and social wellbeing.



UK Employee Experience Awards 2020

Cancer Centre London, as part of Aspen Healthcare, won double gold awards in the ‘Delivering customer experience’ and ‘Employee training and development’ categories. The customer experience award recognises our ‘STEP-Up-To-Safety’ scheme, which is a patient safety and culture change programme.



UK Customer Experience Awards 2020

In 2020, Aspen Healthcare and Cancer Centre London won a gold award in the ‘Customer experience in the crisis’ category. This award recognises our response to the coronavirus pandemic.



LaingBuisson Awards 2020

Cancer Centre London, as part of Aspen Healthcare, was a double finalist at the LaingBuisson Awards. These awards recognise and celebrate industry excellence and innovative services in the public, private and third sectors.



London Healthy Workplace Award 2019

Cancer Centre London received a London Healthy Workplace Award 2019. This is an accreditation scheme by the Mayor of London’s Office and supported by Public Health England. It recognises London employers who invest in their employees’ health and wellbeing. The award is valid for four years.

Our services

At Cancer Centre London, we provide holistic support before, during and after treatment. We understand that cancer not only has a physical impact on an individual, but can also have a huge emotional effect.

Cancer and its treatment can be overwhelming and distressing. There is no 'one size fits all' treatment pathway or response. We offer a variety of services for patients and their loved ones. Our goal is to give individuals the best possible treatment and support at a very difficult time.

Chemotherapy and other cancer drug treatments

Drug treatments for cancer can be divided into:

- chemotherapy
- hormone therapy
- immunotherapy
- cancer growth inhibitors.

At Cancer Centre London, there is a peaceful and comfortable environment for patients having cancer drug treatment. We give both physical and emotional support to our patients and their families or carers. Patients are introduced to a dedicated, specialist oncology nurse, who supports them throughout their treatment.

Patients may have chemotherapy as a treatment by itself or in combination with radiotherapy and/or surgery. We discuss treatment options in detail and ensure that patients are fully informed about every aspect of their care.

Recent cancer drug trials have highlighted the clinical effectiveness of immunotherapy. We have used immunotherapy alongside chemotherapy for some time with good results, especially for solid tumours. Our Consultant Medical Oncologist, Professor Angus Dalglish, has a special interest in this new era of cancer treatment.

Our Oncology Pharmacy Team provides integrated, tailored care for patients. The oncology pharmacists are closely involved in all aspects of cancer drug treatment.



Radiotherapy

At Cancer Centre London, patients are given radiotherapy through an Elekta Versa High Definition (HD) system. This is one of the most technologically advanced systems for radiotherapy in London. Having this sophisticated equipment assures our position as a pioneer and market leader in cancer treatment.

With the Elekta Versa HD system, we can offer patients these treatments:

- Gated heart-sparing radiotherapy for left-sided breast cancer using ABC (Active Breathing Co-ordinator)
- Gated ABC treatment for liver and lung cancer
- Stereotactic body radiotherapy (SBRT)
- Stereotactic radiosurgery (SRS)
- Volumetric arc therapy (VMAT)
- Intensity modulated radiotherapy (IMRT)
- Image guided radiation therapy (IGRT)
- Tattoo-less radiotherapy with live patient motion monitoring
- 4D CT radiotherapy planning

Stereotactic radiotherapy

Stereotactic radiotherapy (SRT) gives radiotherapy from many different angles around the body. The beams meet at the site of the tumour. As a result, the tumour gets a high dose of radiation but only a low dose goes to the surrounding tissue. This lowers the risk of side effects.

Patients having stereotactic radiotherapy usually need between one and eight treatments. Stereotactic radiotherapy is sometimes called stereotactic ablative radiotherapy (SABR) or stereotactic body radiotherapy (SBRT). When used to treat brain tumours, stereotactic radiotherapy is called stereotactic radiosurgery (SRS).

Stereotactic radiotherapy is mainly used to treat very small cancers, including:

- secondary brain cancer
- secondary bone cancer or vertebral bone metastasis
- lung cancer or cancer that has spread to the lung
- cancer that started in the liver or cancer that has spread to the liver
- cancers in the lymph nodes
- prostate cancer
- spinal cord tumours.

Volumetric arc therapy

Volumetric arc therapy (VMAT) is a method of giving high-precision, intensity modulated radiotherapy. A computer-controlled linear accelerator device delivers precise radiation doses to a malignant tumour or specific areas within the tumour.

We use data from CT, MRI and PET-CT scans to plan patients' treatment. These scans help us to target the tumour with a high dose of radiation, while protecting healthy surrounding tissue and organs from damage.

A continuous beam of radiotherapy is delivered in an arc, which moves around the tumour. The radiation dose is planned to fit the shape of the tumour in three dimensions. This is done by modulating (controlling) the intensity of the radiation beam. The radiographer maximises the radiation dose to the tumour, while minimising the dose to surrounding normal tissue.

Research has shown that volumetric arc therapy may reduce the risk of long-term side effects, even when higher doses are used in the area being treated.

Superficial radiotherapy

Most radiotherapy is deeply penetrating. It can reach tissue deep inside the body and destroy cancer cells in the internal organs. However, Cancer Centre London offers superficial radiotherapy treatment, which is delivered using an Xstrahl superficial radiotherapy machine. This gives low dose radiotherapy designed to penetrate only the outer layers of skin and tissue.

Superficial radiotherapy is ideal for treating benign conditions and early stage skin cancer.





Tattoo-less radiotherapy

New high precision equipment at Cancer Centre London has removed the need for permanent tattoo markings on patients before radiotherapy.

Historically, tattoo markings have been the only way to position patients accurately for treatment. Before radiotherapy can begin, patients have a CT scan and this is used to plan their treatment. Patients are then tattooed with small dots, which help them to be positioned correctly for the radiotherapy.

For many patients, radiotherapy tattoos are a constant and permanent reminder of their treatment. This can be psychologically damaging. Tattoos are also problematic for people whose religious beliefs do not allow permanent ink to be marked on their skin.

We have invested in a relatively new optical monitoring system called 'AlignRT'. This involves a different method of positioning patients for radiotherapy that does not rely on tattoos.

The AlignRT system tracks a patient's skin surface in real time with 3D camera technology. Using the patient's external skin surface, the technology monitors their movement. It recognises exactly where the patient is at any moment during treatment to within a fraction of a millimetre.

All patients referred for radiotherapy at Cancer Centre London have the option to use this new technology.

Radionuclide therapy and theranostics

Our Nuclear Medicine Department offers targeted radionuclide therapy. Like chemotherapy, this is a systemic treatment that reaches cancer cells throughout the body in the bloodstream. It is a safe, non-invasive procedure performed at an outpatient appointment. We specialise in neuroendocrine and prostate cancer treatments.

Photodynamic therapy

Photodynamic therapy (PDT) is a technique for treating skin cancers and sun-damaged skin, which could become cancerous if left untreated.

The treatment uses a light-sensitive drug called a photosensitising agent and a light source to destroy abnormal cells. On their own, the drug and light source are harmless. When the drug is exposed to the light, it activates and releases a type of oxygen that damages nearby cells. This allows small abnormal areas of tissue to be treated without surgery.

Photodynamic therapy can be used to treat various malignant or benign skin conditions, including:

- superficial basal cell carcinoma
- Bowen's disease – a very early form of skin cancer, which can occasionally develop into squamous cell carcinoma if not treated
- actinic keratoses (also called solar keratoses) – dry scaly patches of skin that have been damaged by the sun.

If patients' biopsies indicate any of these conditions, they could be referred for photodynamic therapy.

Cryotherapy for skin cancer

Cryotherapy uses extreme cold to destroy cancer cells in a localised area. It is also called cryosurgery or cryoablation. At Cancer Centre London, we offer cryotherapy treatments for benign skin conditions and malignant non-melanoma.

The doctor either sprays liquid nitrogen onto the affected area or applies it directly with a cotton swab. This freezes the area to kill the cancer cells. After treatment, the liquid nitrogen dissolves and the treated area thaws. The body's immune system then gets rid of the dead tissue over a few weeks.

Some cancers need to be frozen and thawed several times. Depending on the treatment area, the process can take from a few minutes to a couple of hours. Patients may have an ultrasound or CT scan to help the doctor position the cryoprobe into the area being treated.

Cancer surgery

If patients need surgery as part of their cancer treatment, this is performed at Parkside Private Hospital. Our experienced team consider various factors when deciding whether to recommend surgery as a suitable option. These include the type, size and stage of the cancer and the patient's general health.

There is a dedicated oncology floor at Parkside Private Hospital and we ensure continuity of care. Our specialist nursing team provide personalised care and make sure that patients have everything they need during their stay in hospital.

Haemato-oncology Unit

Our Haemato-oncology Unit is a highly specialised practice, which deals with blood and bone marrow disorders. The service includes treatment for multiple myeloma, leukaemia and some non-malignant diseases.

Treatment programmes can involve:

- regular blood test monitoring
- chemotherapy and other biological therapies
- radiotherapy.

Most treatments are available on an outpatient basis.

Professor Ray Powles CBE is the Head of our Haemato-oncology Unit. We are a large multidisciplinary team of eminent consultants, specialist doctors, nurses, pharmacists and allied health professionals. Together, we provide safe, high-quality care and full support for patients and their families throughout the treatment pathway.

There are a full range of therapies at the Unit, together with onsite pathology and imaging services. We focus on maintaining patient-centred, personalised care for each individual. On an international basis, we contribute to research in specialised areas through conferences, communications and our research database.



Breast care nursing service

Our breast care nursing service offers extra support, information and advice to patients having breast cancer treatment. This service is run by registered nurses with specialised training in breast care.

They are available to discuss any clinical issues or other concerns that may arise from diagnosis and throughout the treatment pathway.

All patients at Cancer Centre London are given an appointment with a breast care nurse within 72 hours of being diagnosed with breast cancer. At the initial meeting, patients can ask any questions and the nurse gives them information on their diagnosis and the treatment options available. The breast care nurses run a clinic to assess how individuals are coping, both physically and emotionally, through a Holistic Needs Assessment (HNA).

Our breast care nurses:

- support patients at diagnosis, during any hospital stay and throughout their treatment
- give patients verbal and written information about breast cancer
- provide emotional support to patients, carers and family members
- carry out practical procedures, such as seroma drainage, wound care and prosthesis or bra fitting
- assess patients' individual needs and refer them to other services, such as physiotherapy, the lymphoedema service, the dietitian service or counselling, where necessary.

Dietitian service

Eating a healthy, balanced diet can help people living with cancer to improve their strength, energy levels and wellbeing.

At Cancer Centre London, we know that cancer and the side effects of treatment can contribute to problems with diet. Our dietitian service can give patients the nutritional support that they need.

We have a dietitian who is registered with the Health Care and Professions Council and the British Dietetic Association. The dietitian can work with patients on a one-to-one basis or as part of our wider health team. For example, the dietitian can:

- help patients to understand the evidence and myths about diet and cancer
- support the treatment of specific cancers
- support patients' nutritional needs while they deal with the side effects of treatment, such as:
 - taste changes
 - nausea and vomiting
 - diarrhoea or constipation
 - dry mouth or sore mouth and throat
 - difficulty swallowing
 - loss of appetite or early satiety
- help patients plan a healthy diet after treatment to reduce the risk of further cancer, rebuild their strength and aid recovery
- give advice on dietary supplements
- help patients if they want to lose weight in a safe and sensible way after treatment
- support patients who have lost weight as a result of their diagnosis or treatment
- give practical tips for carers to ensure that the person they look after has a healthy diet.

Dietitian appointments are tailored to individual medical needs. Our dietitian gives patients practical guidance based on reliable evidence. Patients can then make positive diet and lifestyle choices to improve their health and wellbeing.

We may ask patients to complete a three-day food diary and bring this to their appointment. If patients cannot visit our clinic, we can arrange a telephone appointment with the dietitian.





Complementary therapies

Our Complementary Therapy Service is an integral part of the overall oncology healthcare service. We have an experienced team of complementary therapists, who provide supportive therapies. These therapies can improve patients' wellbeing while they are having conventional treatments for cancer.

We offer:

- aromatherapy massage
- Indian head massage
- reflexology

Complementary therapies have proved to be invaluable in helping people with cancer cope with the effects of their illness.

Patients having either chemotherapy or radiotherapy at Cancer Centre London are entitled to four hours of free complementary therapy. If their treatment involves both chemotherapy and radiotherapy, they are entitled to six hours of free complementary therapy. Extra sessions are available at a reasonable price. Many patients find that these sessions can bring some lasting comfort at this anxious time.

Counselling and psychological support

At Cancer Centre London, we strive to help our patients deal with all aspects of cancer treatment. Emotional reactions can vary significantly from person to person, and many people find it easier to cope when they are given extra support.

We offer counselling and psychotherapy to all our patients and their loved ones. Having counselling during and after cancer treatment can help people to:

- express anger, sadness, anxiety and even joy
- talk through their fears in a safe place
- cope with side effects
- minimise the strain on relationships
- have a better understanding of life changes
- accept what has happened to them
- ease the transition back into everyday life.

Every counselling session is a confidential space to explore the complex emotions of living with cancer. Our counsellors are accredited with Bupa and registered with many insurance companies.

Support groups

People living with cancer and their loved ones may be feeling isolated, confused about treatment or anxious about the future. We have organised several support group meetings, where people have a space to talk and listen to others in similar situations.

Due to the coronavirus pandemic, our support groups are currently postponed but we hope to announce future dates shortly. As soon as possible, we plan to offer:

• A patient information group

Our patient information group for patients and their families or friends usually meets once a month. When the group resumes, there will be an opportunity to have an informal chat with others and be updated on current topics. We will arrange lectures by guest speakers on varied subjects, such as diet and cancer, managing the emotional impact of cancer and combating fatigue through exercise.

• Meetings for patients

Patients who have finished their radiotherapy or chemotherapy treatment will be able to attend meetings to maintain links with Cancer Centre London. There will be a chance to share experiences with others and keep up to date with information in a supportive manner.

• Meetings for relatives and friends

Every two months, we will hold a meeting with information and support specifically for the relatives and friends of our cancer patients. These meetings will allow people affected by cancer to talk about how they feel in a safe, confidential environment.

‘Look Good, Feel Better’ sessions

Look Good, Feel Better is an independent national charity. It runs a unique service for women, men and young adults having treatment for any type of cancer across the UK.

At Cancer Centre London, we offer a free two-hour Look Good Feel Better group session for women five times a year. These sessions have been postponed during the coronavirus pandemic, but we hope to announce future dates soon.

Trained beauty consultants give women undergoing cancer treatment skincare and makeup tips, such as how to draw eyebrows if these have been lost. Women who attend enjoy learning how to deal with any visible changes to their appearance and this helps to boost their confidence. They are presented with a lovely gift bag and can share experiences with others in a safe, friendly and light-hearted atmosphere.



Diagnostic services

At Cancer Centre London, we work closely with the neighbouring Parkside Private Hospital to offer diagnostic services across both sites. We provide these specialist services:

Genetic testing

Scientists have identified several genes that increase the risk of developing breast, ovarian or colorectal cancer. Patients with a strong family history of cancer may want to know whether they have inherited faulty BRCA genes. These are involved in breast and ovarian cancer. A small number of rarer cancers are caused by inherited genetic factors.

We run a comprehensive genetic testing service. This gives patients a clear picture of inherited risks and possible lifestyle changes that they can make to reduce those risks.

Health screening

- At our sister hospital Parkside, we offer specialised screening services for certain types of cancer. These include:
- **Bowel cancer screening:** This service involves an endoscopic examination of the lower bowel under sedation using flexible sigmoidoscopy. The doctor can remove any non-cancerous polyps that are detected to prevent cancer from developing.
 - **Breast cancer screening:** This BUPA-approved service is available for patients over 40 and involves a mammogram.
 - **Ovarian cancer screening:** This service involves a blood test that detects levels of the cancer antigen 125 (CA-125), which is found in ovarian tumours.
 - **Prostate cancer screening:** This service involves a blood test that detects prostate-specific antigen (PSA) levels, which can indicate the risk of developing prostate cancer.

All health screenings are tailored to a patient's age, gender and medical history.

Nuclear medicine

Nuclear medicine involves placing minute amounts of a radioactive isotope into a patient's body before conducting scans with specialist equipment. This imaging technique can give extra information for diagnosis that other tests cannot provide.

We offer various nuclear medicine tests, with each one following a separate protocol. Patients are usually given a small injection in their arm and images are taken using a special gamma-sensitive camera. PET-CT scans are carried out at Parkside Private Hospital.

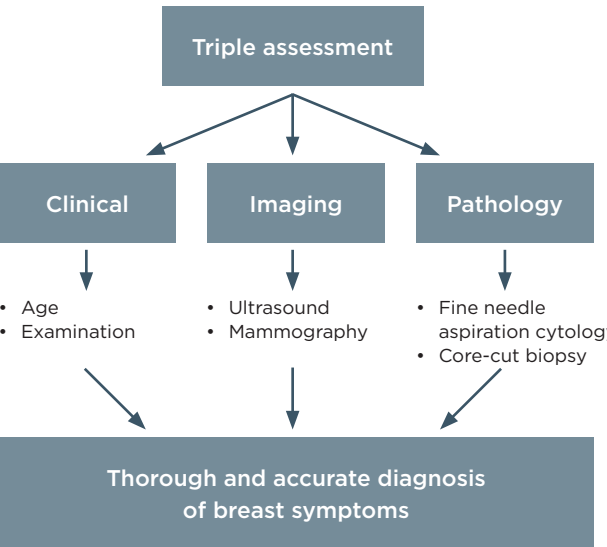
If you refer your patients for nuclear medicine tests, our radiologists report the results to you with accompanying images.

One Stop Breast Clinic

The One Stop Breast Clinic at Parkside Private Hospital is open six days a week for patients with any breast-related symptom. This includes a worrisome lump, breast asymmetry, nipple retraction, nipple discharge, breast pain, changes to the armpit or skin changes.

In a single visit, our experts carry out a triple assessment:

- **Clinical assessment:** A breast specialist consultant takes a full medical history, reviews any risk factors and examines the patient.
- **Imaging:** The patient has a breast ultrasound scan and, if required, a mammogram.
- **Pathology:** If any abnormality is detected, a radiologist carries out further assessment involving breast cyst aspiration or a core biopsy under local anaesthetic.



Using this 'one stop' triple assessment, we can quickly perform all tests needed to assess whether a breast lump is benign or malignant.

If the investigations reveal any cause for concern, we inform the patient of the diagnosis during a consultation. A specialist breast care nurse attends this consultation if the patient is diagnosed with breast cancer and provides support. We can then develop a personalised treatment plan and carry out all tests and treatments on-site.

The Care Quality Commission has recognised our One Stop Breast Clinic as 'an area of outstanding practice'. It offers the ultimate one-stop approach to enable a rapid diagnosis of breast symptoms and prompt treatment.

Patients do not have to be symptomatic for a triple assessment. Self-funding patients can refer themselves to the One Stop Breast Clinic, but most insurance companies require a GP's referral.

One Stop Clinic

Waiting times for cancer tests and treatments are minimal at Cancer Centre London and Parkside Private Hospital. We understand that patients experience an anxious, challenging and uncertain time while they await a diagnosis. For this reason we have introduced a One Stop Clinic, which is held initially at Parkside Private Hospital.

We ensure that patients are seen as soon as possible and have all necessary investigations without delay. Patients can discuss their questions and concerns with our clinicians, who help with planning the next steps.

Rapid Access Clinic

Our Rapid Access Clinic provides quick access to a range of diagnostic tests. This benefits patients who have non-specific but concerning symptoms and need a diagnosis to get a treatment plan in place.

We offer these diagnostic services at the Rapid Access Clinic, together with onward referral for surgery or treatment if required:

- Urgent blood testing
- Specialist radiology (X-rays, ultrasound, MRI, CT and PET scans and nuclear medicine)
- Tissue sampling
- Endoscopy
- Drug therapy

Dr Charlotte Rayner, Consultant Physician, leads our Rapid Access Clinic and works as part of an expert multidisciplinary team.



Physiotherapy

Our physiotherapy team specialise in treating people with cancer. We aim to help patients manage the side effects of cancer treatment, continue or resume daily activities and improve their quality of life.

Physiotherapy sessions at Cancer Centre London

Physiotherapy sessions at Cancer Centre London can include:

- individual treatments for cancer-related musculoskeletal and neurological problems
- exercises and stretches for weakness, stiffness, pain, peripheral neuropathy and general wellbeing
- balance and neurological rehabilitation
- mobility assessment and provision of mobility aids
- advice on how to maintain activity levels during treatment
- management of breathlessness and other respiratory symptoms
- advice on adjusting to life after cancer treatment and returning to sports and hobbies
- fatigue management sessions.

Other physiotherapy treatments and services

Our physiotherapy team may recommend that patients access other physiotherapy services at the nearby Parkside Private Hospital, such as:

- Pilates classes or individual Pilates sessions to improve their posture, strength or flexibility after treatment
- specialised Pilates classes to support their bone health

- hydrotherapy in the heated pool at Parkside Private Hospital to manage swelling and lymphoedema symptoms.

Specialised breast cancer physiotherapy

We provide specialist breast cancer physiotherapy to patients who have undergone breast and/or axilla (armpit) surgery. The aim is to restore the normal function of the shoulder, chest wall and neck area, and help patients to resume their daily routine.

Specialist breast cancer physiotherapy sessions may include:

- myofascial release, which is a manipulative therapy used when patients experience cording or scarring in the armpit
- range of motion and strengthening exercises
- practical advice on returning to physical activity
- general advice on managing lymphoedema and, if necessary, a referral to our lymphoedema service for manual lymphatic drainage (MLD), bandaging and compression garments.

Our physiotherapists

Our specialist oncology physiotherapists are members of the Chartered Society of Physiotherapy and registered with the Health and Care Professions Council (HCPC).

For more information, please visit cancercentrelondon.co.uk/support-services/physiotherapy

100% of our patients rated the overall standard of their nursing care as 'good', 'very good' or 'excellent'

Referral information

Referring insured or self-funded patients to Cancer Centre London for physiotherapy is a simple process. You can:

- email opd@cancercentrelondon.co.uk
- phone us on **020 8247 3351**
- post your referral letter to: Physiotherapy Department, Cancer Centre London, 49 Parkside, Wimbledon, London SW19 5NB

Patients who are self-funding or have private medical insurance can also refer themselves directly for physiotherapy. They can use the email address or phone number above.



Lymphoedema service

The Physiotherapy Department at our neighbouring Parkside Private Hospital runs a specialised lymphoedema service.

About lymphoedema

Lymphoedema is a progressive condition, which can have a significant impact on a person's physical and emotional health. The physical effects of lymphoedema may include:

- reduced motor function
- muscle dysfunction
- paraesthesia
- pain
- loss of mobility

There can also be psychological consequences of living with a long-term condition, coping with changes to self-image and funding the cost of medical treatment.

Lymphoedema is thought to affect more than 200,000 people in the UK. Patients can develop lymphoedema after surgery or radiotherapy for nearly any type of cancer.

The aims of lymphoedema treatment

Although there is no cure for lymphoedema, our specialist therapists can help patients to control the main symptoms. The aims of lymphoedema treatment are to:

- reduce and control swelling
- improve the condition of the body's tissues
- regain and preserve a full range of movement in the affected area
- prevent further complications

It is important for patients to get specialist advice about lymphoedema and start treatment promptly. To get a better understanding about the signs and symptoms of lymphoedema, patients can see our therapists before their planned cancer treatment.

Lymphoedema treatment options

Our lymphoedema service provides:

- **Information on skincare and preventing infection:**
We can give patients practical tips on how to take care of their skin and reduce the risk of infection.
- **Manual lymph drainage and scar tissue treatment:**
Our specialist lymphoedema therapists perform manual lymph drainage. This gentle skin massage helps to drain excess lymph fluid away from a swollen part of the body. If patients have a hard, thick or scarred area, our therapists may use appropriate manual techniques to soften the scar and make it more flexible.

- **Fitting of compression garments:** We are experienced at measuring and fitting compression garments. These garments help to maintain the results that our therapists achieve during the intensive phase of treatment with compression bandages.
- **Recommended exercises and physical activities:** We can create a personal exercise and movement plan tailored to patients' needs. This may include exercises in the gym or swimming pool at Parkside Private Hospital. We can recommend appropriate exercises and physical activities for patients to continue independently at home.

Our therapists also treat patients who have lymphoedema that is not caused by cancer or cancer treatment.



Referral information

To refer self-funded or insured patients for lymphoedema therapy, you can:

- email physio@parkside-hospital.co.uk
- phone us on **020 8971 8021**
- post your referral letter to: Physiotherapy Department, Parkside Private Hospital, 53 Parkside, Wimbledon London SW19 5NX

Patients can refer themselves for lymphoedema therapy using the email address or phone number above.

Self-pay, private medical insurance, diagnostic and physiotherapy referrals

At Cancer Centre London we welcome all private patients, whether they wish to pay for treatment themselves or have private medical insurance. Once you have referred your patients, they need to confirm whether they will pay for treatment directly or whether their insurer will cover the cost.

Self-pay referrals

Our consultants create an individual treatment plan, which is tailored to each patient's specific needs. We can offer a fixed price for radiotherapy treatment and give estimated costs for chemotherapy, day care and related expenses.

Self-funding patients are asked to pay in full at the start of their treatment. We then provide an invoice when they have finished treatment.

Making a self-pay referral

If you would like to refer a patient for private treatment, you can write your own referral letter and email it to opd@cancercentrelondon.co.uk

As referral letters contain sensitive patient data, it is important to comply with the General Data Protection Regulation. Please use the secure email address above and do not send the referral letter through our website.

Private medical insurance referrals

Cancer Centre London is accredited by, and has direct settlement agreements with, most major private medical health insurance companies. This includes BUPA and AXA Health. Your patients should check with their private medical health insurance company before booking any consultation, investigation, diagnostic imaging or treatment.

To refer a patient with private medical insurance, you can write your own referral letter and email to opd@cancercentrelondon.co.uk Please use this secure email address to protect sensitive patient data and comply with the General Data Protection Regulation.

Diagnostic referrals

Cancer Centre London works closely with Parkside Private Hospital to provide diagnostic services at both sites. We carry out planning CT scans and nuclear medicine diagnostic services at Cancer Centre London. Parkside Private Hospital offers a full range of other diagnostic tests, including X-ray, ultrasound, MRI, CT and PET-CT scans, and mammography.

To refer self-funded or insured patients for diagnostic imaging, please download a referral form from www.parkside-hospital.co.uk/referral-information You can either:

- email the completed form securely to radiology@parkside-hospital.co.uk
- give the completed form to your patients and ask them to make their own appointment by calling **020 8971 8025** or emailing the form to radiology@parkside-hospital.co.uk

Physiotherapy referrals

To refer self-funded or insured patients for physiotherapy, you can:

- email opd@cancercentrelondon.co.uk
- phone us on **020 8247 3351**
- post your referral letter to:
Physiotherapy Department,
Cancer Centre London, 49 Parkside,
Wimbledon, London SW19 5NB

Patients who are self-funding or have private medical insurance can also refer themselves directly for physiotherapy. They can use the email address or phone number above.



A middle-aged man with a light beard and mustache, wearing a grey suit jacket over a light blue button-down shirt, is seated at a glass-topped desk. He is smiling warmly at the camera. His right hand rests on a tablet computer, and his left hand holds a pair of black-rimmed glasses. On the desk to his right is a spiral-bound notebook with a pen resting on it. The background is a bright, out-of-focus office interior with large windows.

Parkside Private Hospital Consultant Directory

Parkside Private Hospital Consultants

AUDIOLOGY



Dr Borka Ceranic MD, ENT spec PhD (UCL, Lon), FRCP **P**
Consultant in Audiovestibular Medicine (Neuro-otology and Audiology)
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Balance disorders, Ménière's disease, Migraine-related audio-vestibular disorders, Tinnitus, Hyperacusis, Medico-legal work

BREAST CARE



Mr Christopher Abela MA, MB BChir, FRCS (Plast), Diploma Aesthetic Surgery
Consultant Craniofacial and Plastic Surgeon
Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust
Clinical interests: Skin lesions, Skin cancer, Lumps and bumps, Facial plastic surgery, Botox™, Abdominoplasty, Eyelid surgery, Birthmarks in children, Facial injuries



Miss Farida Ali MSc, FRCS
Consultant Plastic Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Plastic surgery, Breast surgery and breast construction



Mr Dibyesh Banerjee MBBS, MS, FRCS (Ed), FRCS (Gen Surg)
Consultant General Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Oncoplastic breast surgery, Breast reconstruction, Corrective breast surgery, Benign breast disease, Breast augmentation, Breast lift, Breast reduction, Male breast problems



Mr Neil Bulstrode BSc (Hons), MBBS, MD, FRCS (Plast) **P**
Consultant Plastic Surgeon
Main NHS base: Great Ormond Street Hospital and University College Hospital, London
Clinical interests: Cosmetic facial, breast and body contouring surgery and non-surgical injectable treatments, Reconstructive surgery including skin cancer, birthmarks, ear and facial reconstruction



Mr Richard Cummins MBBS, FRCS
Consultant Breast and Endocrine Surgeon
Main NHS base: Kingston Hospital NHS Foundation Trust
Clinical interests: Breast surgery, Thyroid surgery, General surgery



Mr David Gateley MA, FRCS, FRCS (Plast) **P**
Consultant Plastic Surgeon
Main NHS base: Private practice
Clinical interests: Surgical and non-surgical aesthetics, Hand surgery, Skin cancer surgery, Facelifts, Eyelid surgery, Cosmetic breast surgery, Liposuction, Abdominal surgery



Mr Paul Harris BSc, MBBS, MD, FRCS, FRCS (Plast)
Consultant Plastic Surgeon
Main NHS base: The Royal Marsden NHS Foundation Trust
Clinical interests: Plastic surgery, Breast reconstruction, Cosmetic surgery, Skin cancer



Ms Katherine Krupa MBBS (Hons Class 1), FRACS, FRCPSG
Consultant Surgeon
Main NHS base: The Royal Marsden NHS Foundation Trust
Clinical interests: Oncoplastic breast surgery, Thyroid and parathyroid surgery, Benign breast conditions and breast cancer, Family history of breast cancer and breast screening



Ms Catherine Milroy BM BCh, FRCS (Eng), FRCS (Plast)
Consultant Plastic Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Paediatric plastic surgery, General plastic surgery, Breast reduction, augmentation and asymmetry, Abdominoplasty, Aesthetic genital surgery



Miss Joy Odili MB ChB, MD, FRCS (Plast)
Consultant Plastic Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Melanoma/Skin cancer surgery, Cosmetic/Reconstructive surgery, Ear reconstruction, Paediatric plastic surgery, Post weight loss surgery, Non-surgical facial rejuvenation (Botox™ and fillers)



Ms Victoria Rose MBBS, MD, FRCS (Plast), PGCME
Consultant Plastic Surgeon
Main NHS base: Guy's and St Thomas' NHS Foundation Trust
Clinical interests: Breast reconstruction, Breast reduction, Breast uplift, Breast asymmetry, Tummy tuck, Gender breast surgery, Lipomodelling, Orthopaedic wound, Lower limb reconstruction



Mr Anup Sharma BSc (Hons), MBBS, MS, FRCS (Eng), FRCS (Gen)
Consultant Breast Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Immediate and delayed breast reconstruction, Sentinel node biopsy, Thyroid and parathyroid surgery, Hernia surgery and minor operations

BREAST CARE (CONT)



Mr Paul Thiruchelvam BSc, MD, FRCS, PhD
Consultant Breast and Reconstructive Surgeon

Main NHS base: Imperial College Healthcare NHS Trust

Clinical interests: Rapid diagnostic one-stop service, Breast pain, Breast cancer surgery, Family history, Risk reduction surgery, Lymphoedema preventative surgery, Benign breast disease



Mr Simon Wood MBBS, FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: Charing Cross Hospital, Imperial College Healthcare NHS Trust

Clinical interests: Skin cancer, Breast reconstruction, Head and neck cancer, Aesthetic surgery

CARDIOLOGY



Dr Nick Bunce CCST, MD, MRCP, MBBS, BSc
Consultant Cardiologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Ischaemic heart disease, Heart failure, Valvular heart disease, Cardiac imaging



Dr Para Dhillon BSc (Hons), MBBS, MRCP, PhD
Consultant Cardiologist

Main NHS base: King's College Hospital NHS Foundation Trust

Clinical interests: Arrhythmia, Ablation, Atrial fibrillation, Pacemaker, Defibrillator, Biventricular device, Hypertension, Heart failure, Palpitations, Chest pain, Shortness of breath, Fainting/Blackout



Dr Sam Firoozi MBBS (Hons), FRCP
Consultant Cardiologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Coronary artery disease, Angioplasty, TAVI, Assessment of chest pain and breathlessness, Palpitations, Hypertension, Cardiovascular risk assessment, General cardiology



Dr Nick Linton MEng, MBBS, MRCP, PhD, MIET
Consultant Cardiologist

Main NHS base: Imperial College Healthcare NHS Trust

Clinical interests: General cardiology and arrhythmias, Atrial fibrillation, Palpitations, Supraventricular tachycardia (SVT), Pacemakers, Cardiac resynchronisation, Implantable cardiac defibrillators (ICD), Stroke prevention, Blackouts, Syncope



Dr Tapes Pakrashi MA, BM BCh, FRCP
Consultant Cardiologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: All aspects of adult general cardiology, Heart failure, Valvular heart disease, Coronary artery disease, Cardiac imaging, Arrhythmias, Hypertension



Dr Nesan Shanmugam BSc (Hons), MBBS, MD, PGCMedEd, FRCP, FHFA
Consultant Cardiologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Cardiac MRI, Heart failure, Coronary artery disease, Hypertension, Arrhythmias, Breathlessness, Palpitations, Blackouts



Dr Rajan Sharma MBBS, BSc (Hons), MRCP (UK), MD
Consultant Cardiologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Coronary artery disease, Heart failure, Valvular heart disease, Cardiomyopathy, Hypertension, Arrhythmia, Chest pains, Breathlessness, Palpitations, Blackouts



Dr Arvind Vasudeva MA, BM BCh, FRCP, FESC
Consultant Cardiologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Ischaemic heart disease, Hypertension, Arrhythmias, Palpitations, Echocardiography

DERMATOLOGY




Dr Alya Abdul-Wahab MBBS, MD, MRCP
Consultant Dermatologist

Main NHS base: St George's University Hospitals NHS Foundation Trust and Queen Mary's Hospital, Roehampton

Clinical interests: Adult and paediatric dermatology, Birthmarks, Genetic skin disorders, Moles, Acne, Eczema, Psoriasis, Rashes




Dr Flavia Aslanian MSc, PhD in Dermatology 
Consultant Dermatologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Skin cancer, Mole screening, Acne, Vitiligo, Pigmentary disorders, General dermatology, Cosmetic treatments (Botox™, fillers, rejuvenation, etc)



Dr David Atherton MA, MB BChir, FRCP 
Consultant Dermatologist

Main NHS base: Great Ormond Street Hospital for Children NHS Foundation Trust

Clinical interests: Paediatric skin disorders including: Birthmarks, Eczema, Acne

DERMATOLOGY (CONT)



Dr Tamara Basarab MBBS, FRCP P
Consultant Dermatologist

Main NHS base: Private practice

Clinical interests: General dermatology conditions, Skin allergy, Acne, Inflammatory rashes, Moles, Skin cancer



Dr Kristiana Gordon MBBS, FRCP, MD (Res), CLT
Consultant Dermatologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Lymphovascular medicine including: Lymphoedema, Chronic oedema, Recurrent cellulitis and Lipoedema, General adult dermatology including: Skin cancer screening, Moles, Acne and Eczema



Dr Christopher Harland MA, MB, FRCP
Consultant Dermatologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Skin cancer, Mole checks, General dermatology



Prof. Peter Mortimer MD, FRCP P
Consultant Dermatologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Lymphovascular medicine including: Lymphoedema with or without infection, Chronic oedema, Lymphatic malformations, Skin cancer, Cutaneous disease in general oncology



Dr Janakan Natkunarajah MBBS, BSc, MRCP, MRCP (Derm) P
Consultant Dermatologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Psoriasis, Eczema, Skin cancer diagnosis and management, Mole screening, Acute skin rashes, Drug eruptions



Dr Lucy Ostlere BSc, MBBS, FRCP, MD P
Consultant Dermatologist

Main NHS base: St George's University Hospitals and Kingston Hospital NHS Foundation Trust

Clinical interests: Eczema, Contact dermatitis, Skin cancer, Cutaneous surgery



Dr Robert Sarkany BSc (Hons), MBBS (Hons), MRCP, FRCP, MD, CCST P
Consultant Dermatologist

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: Skin rashes, Skin lesions, Skin cancers, Hair and nail problems in children and adults, Sunlight allergy, Ultraviolet light therapy (Phototherapy)



Dr Amanda Woods MBBS (Hons), DCH, MRCP (Derm), FRCP, CCST P
Consultant Dermatologist

Main NHS base: Private practice

Clinical interests: Adult and paediatric dermatology, Acne (including isotretinoin treatment), Eczema, Birthmarks, Early skin cancer/Mole screening with dermoscopy, Psoriasis, Rosacea, Rashes

EAR, NOSE AND THROAT



Mr John Almeyda FRCS (Ed), FRCS (ORL) P
Consultant ENT Surgeon

Main NHS base: West Middlesex University Hospital, Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: Sinus surgery, Rhinoplasty



Mr Hamid Daya FRCS (ORL) P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Ear, Nose and Throat surgery



Mr Mark Ferguson PhD, FRCS (ORL-HNS)
Consultant ENT Surgeon

Main NHS base: Charing Cross Hospital and St Mary's Hospital, Imperial College Healthcare NHS Trust

Clinical interests: Rhinoplasty, Nasal blockage, Sinus problems, Smell disorders, Sore throat, Blocked ears and eustachian tube dysfunction, Voice/Swallowing disorders, Hearing and balance



Mr Robert Harris MBBS, BSc, MSc, FRCS (ORL-HNS) P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Sinus surgery, Diseases of the ear, Cochlear and other hearing implants



Ms Lucy Hicklin MBBS, FRCS, FRCS (ORL H&N) P
Consultant ENT Surgeon

Main NHS base: St George's University Hospital and Croydon University Hospital

Clinical interests: Hoarse voice, Professional voice users, Swallowing problems, Spasmodic dysphonia, R-CPD, Sinus problems, Sore throat, Tonsillitis, Headache, Snoring, Rhinology, General ENT



Mr Anthony Hinton MB ChB, FRCS (Oto), FRCS (ORL) P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Otology (hearing, tinnitus, dizziness), Facial plastic surgery (nose and ear reshaping), Sinus surgery

EAR, NOSE AND THROAT (CONT)



Prof. Dae Kim MB ChB, BDS, MSS, FRCS (Orl-HNS), PhD P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Ear and hearing problems, Nasal and sinus problems, Voice and throat problems, Keyhole thyroid and parathyroid surgery



Miss Sarah Little MB ChB, MRCS (Glasg), FRCSEd (ORL-HNS), MPhil, DO-HNS P
Consultant Otolaryngologist

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Management of paediatric ENT disorders



Mr Prince Modayil MS, MRCS, DO-HNS, FRCS (ORL-HNS), DCH P
Consultant ENT Surgeon

Main NHS base: St George's University Hospital and Queen Mary's Hospital for Children
Clinical interests: Sleep apnoeas, Tonsillitis, Ear infections, Glue ear, Hearing loss, Tongue tie, Voice problems, Nose bleeds, Nose and sinus disorders



Mr Terence Mugliston MA, MRCP, FRCS P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals and Kingston Hospital NHS Foundation Trusts
Clinical interests: All aspects of adult and paediatric ENT including: Rhinosinusitis, Endoscopic sinus surgery and Sleep disorders



Mr Parag Patel FRCS (ORL-HNS), MSc (Allergy), MBBS, BSc (Hons), Do-HNS P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals and Kingston Hospital NHS Foundation Trusts
Clinical interests: Otology including balance, tinnitus and diseases of the nose and sinuses, Allergy testing for patients aged 10 years and above



Mr Christopher Pepper MBBS, BSc (Hons), FRCS (ORL-HNS) P
Consultant Paediatric ENT Surgeon

Main NHS base: Evelina London Children's Hospital, Guy's and St Thomas' NHS Foundation Trust
Clinical interests: Tonsil/Adenoid problems, Coblation intracapsular tonsillectomy, Breathing and voice problems, Ear infections, Hearing loss, Head/Neck lumps



Mr David Selvadurai BSc (Hons), FRCS (ORL-HNS), MD, FACS P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Balance disorders, Ménière's disease and hearing problems, Grommets, Implantable hearing aids and cochlear implants



Mr Abbad Toma MB BCh, FRCS, FRCS (ORL) P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals and Kingston Hospital NHS Foundation Trusts

Clinical interests: Rhinology including rhinitis, Sinusitis, Functional endoscopic sinus surgery (FESS), Balloon sinuplasty, Minimally invasive sinus surgery, Rhinoplasty, Correction of prominent ears (pinnaplasty)



Mr Daniel Tweedie MA (Cantab), FRCS (ORL-HNS), PgCertMED, DCH P
Consultant Otolaryngologist

Main NHS base: Evelina London Children's Hospital
Clinical interests: Tonsillectomy (minimally invasive), Adenoidectomy, Glue ear, Ear surgery, Hearing loss, Tinnitus, Dizziness, Nose and sinus problems



Mr Peter Williamson FRCS Ed (Orl-HNS) P
Consultant ENT Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Sinus surgery, Head and neck oncology, Thyroid and salivary gland surgery

ECHOCARDIOGRAPHY



Dr Benjamin Adeyemi MBBS, MSc, MD
Consultant Scientist

Main NHS base: NHS Redbridge Community Cardiology
Clinical interests: Echocardiography

ENDOCRINOLOGY



Dr Arshia Panahloo MBBS, MD, FRCP
Consultant Endocrinologist

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: General medicine, General diabetes, Obesity management, Hypertension, General endocrinology, Thyroid disorders, Polycystic ovarian disease, Hirsutism, Pituitary disease



Dr Malcolm Prentice BSc, MB, FRCP
Consultant Endocrinologist

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Thyroid, parathyroid, adrenal and pituitary disorders, Thyroid nodules, goitre and cancer, Polycystic ovaries, Hirsutism, Reproductive endocrinology, Diabetes, General medicine



Prof. Kevin Shotliff MBBS, MD, FRCP, DCH
Consultant Physician in Diabetes and Endocrinology

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust
Clinical interests: Thyroid and parathyroid disease, Polycystic ovary syndrome, Pituitary disease, adrenal disease and hypertension, General endocrinology, Diabetes and hypertension

ENDOCRINOLOGY (CONT)



Dr Mark Spring MBBS, FRCP
Consultant Physician

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Thyroid disorders, Diabetes, Calcium and vitamin D disorders, Hypertension, Chronic fatigue

GASTROENTEROLOGY



Dr John Devlin MD
Consultant Gastroenterologist

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: Colonoscopy, Endoscopy, Cancer screening, Bowel disturbance, Indigestion, Liver disease



Dr Daniel Forton BSc, MBBS, FRCP, PhD
Consultant Gastroenterologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Gastroenterology and hepatology, Indigestion, abdominal pain and change of bowel habit, Liver disease, cancer and cirrhosis, Pancreatitis, Colonic polyps, Gastrointestinal cancer



Dr Rishi Goel MBBS, BSc, MRCP, SCE Gastroenterology
Consultant Gastroenterologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Endoscopy, Gastroscopy, Flexible sigmoidoscopy, Colonoscopy, Polypectomy, Polyps/cancer screening, IBS/IBD, Nutrition, Abdominal pain, Reflux, Dysphagia, Ulcers, Bowel habit change, Rectal bleeding



Dr Ralph Greaves MBBS (Lon), MD (Lon), FRCP (Lon)
Consultant Gastroenterologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: General gastroenterology, Hepatobiliary medicine, Endoscopy, Liver disease, Bowel cancer screening



Dr Christopher Groves BSc, MBBS, MD, FRCP
Consultant Gastroenterologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Indigestion, Diarrhoea, Abdominal pain, Liver, pancreatic and biliary disorders, Bowel cancer screening



Dr Jamal Hayat BSc, MBBS (Lon), MRCP (UK), MD (Res)
Consultant Gastroenterologist and Honorary Senior Lecturer

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Reflux disease, Swallowing disorders, Dyspepsia, Irritable bowel syndrome, Inflammatory bowel disease, Bowel cancer, Endoscopy, Gastroscopy, Colonoscopy, Oesophageal manometry and pH monitoring



Dr Asif Mahmood BSc, MB ChB, MD, FRCP
Consultant Gastroenterologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Inflammatory bowel disease, Video capsule endoscopy, Acid reflux/Bravo pH study, Functional gut disorders, Acute and chronic liver disease, Viral hepatitis, Pancreatobiliary disorders



Dr Joel Mawdsley BA (Cantab), MBBS, MRCP, MD
Consultant Gastroenterologist

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: General gastroenterology, Upper GI disorders: Indigestion, Reflux, IBD and IBS, Upper and lower GI endoscopy, Gastric, oesophageal and colorectal cancer



Dr Penelope Neild BSc, MD, FRCP
Consultant Gastroenterologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Endoscopy, General gastroenterology, Inflammatory bowel disease, Irritable bowel syndrome, Nutrition



Prof. Richard Pollok FRCP, PhD, BSc, DTM&H
Consultant Physician and Professor of Gastroenterology and GI infection

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Luminal gastroenterology, Inflammatory Bowel Disease (IBD), Irritable Bowel Syndrome (IBS), GI infection, Bowel cancer, Colonoscopy, Gastroscopy



Dr Andrew Poullis BSc, MBBS (Hons), MD, FRCP
Consultant Gastroenterologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Luminal gastroenterology, Endoscopy, Inflammatory Bowel Disease



Dr Gareth Sadler MB ChB, BMedSci, FRCP, MSc
Consultant Gastroenterologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Endoscopy, Gastroscopy, Colonoscopy, Bowel cancer screening, Dyspepsia, Indigestion, Gastro-oesophageal reflux, Coeliac disease, Diarrhoea, Irritable bowel syndrome

GENDER IDENTITY SERVICE



Mr James Bellringer MA, MB BChir, FRCS (Urol)
Consultant Urologist

Main NHS base: Private practice

Clinical interests: General urology, Erectile dysfunction, Female incontinence, Genital reconstruction, Sexual dysfunction, Penile surgery, Gender dysphoria



Miss Tina Rashid BSc (Hons), MBBS (Eng), MRCS (Eng), FRCS (Urol)
Consultant Urological Surgeon

Main NHS base: Imperial College Healthcare NHS Trust

Clinical interests: Female urology, Recurrent urinary tract infections, Incontinence in men and women, Pelvic organ prolapse, Neuro-urology, Male-to-female gender reassignment



Ms Victoria Rose MBBS, MD, FRCS (Plast), PGCME
Consultant Plastic Surgeon

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: Breast reconstruction, Breast reduction, Breast uplift, Breast asymmetry, Tummy tuck, Gender breast surgery, Lipomodelling, Orthopaedic wound, Lower limb reconstruction



Ms Catherine Milroy BM BCh, FRCS (Eng), FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Paediatric plastic surgery, General plastic surgery, Breast reduction, augmentation and asymmetry, Abdominoplasty, Aesthetic genital surgery

GENERAL MEDICINE



Dr Tarek Antonios MB ChB (Hons), MSc, MD, FESC, FRCP
Consultant Physician

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Essential hypertension, secondary hypertension, resistant hypertension and malignant hypertension, Pregnancy-associated hypertensive disorders, Pre-eclampsia, Hypertensive heart failure, General medicine



Dr Farid Bazari BSc, MBBS, MRCP
Consultant Physician

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Respiratory medicine: Asthma, Smoking-related lung disease, Unexplained cough or shortness of breath, Sleep apnoea/disorders, Lung infections, fibrosis and cancer, Bronchiectasis



Dr Adrian Draper MBBS, MD, FRCP
Consultant Physician

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Complex and simple lung diseases, Asthma, COPD, Cough, Allergy, Lung cancer, Interstitial lung disease, Occupational lung disease, Lung infection, Sleep apnoea



Prof. John Eastwood MD (Lon), FRCP
Consultant Nephrologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: High blood pressure, Urinary tract infection, Chronic kidney disease, eGFR and prevention of kidney function decline, Renal metabolic problems



Prof. Hugh Gallagher MA, MSc, PhD, FRCP
Consultant Physician and Nephrologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Chronic kidney disease (CKD), Hypertension in kidney disease, Cardiovascular risk reduction in CKD, Proteinuria, Microscopic haematuria, Acute kidney Injury



Dr Charlotte Rayner MD, FRCP
Consultant Physician

Main NHS base: Private practice

Clinical interests: All areas of general medicine, including assessment of possible underlying malignancy



Dr Sam Thayalan MBBS
Consultant Occupational Health Physician

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Occupational rehabilitation, Investigation and management of work-related illnesses

GENERAL SURGERY



Mr Dibyesh Banerjee MBBS, MS, FRCS (Ed), FRCS (Gen Surg)
Consultant General Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Oncoplastic breast surgery, Breast reconstruction, Corrective breast surgery, Benign breast disease, Breast augmentation, Breast lift, Breast reduction, Male breast problems



Mr Ian Bloom MB ChB, FRCS, FRCS (Edin), MD
Consultant General Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Colorectal surgery



Mr Eric Chung BSc, MBBS, MD, FRCS
Consultant General and Colorectal Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: General surgical problems, Coloproctology, Laparoscopic surgery for bowel cancer, Inflammatory bowel disease (Crohn's disease)

GENERAL SURGERY (CONT)



Mr Richard Cummins MBBS, FRCS
Consultant Breast and Endocrine Surgeon
Main NHS base: Kingston Hospital NHS Foundation Trust
Clinical interests: Breast surgery, Thyroid surgery, General surgery



Mr Adrian Fawcett MBBS, MS, FRCS
Consultant General Surgeon
Main NHS base: Kingston Hospital NHS Foundation Trust
Clinical interests: Colorectal cancer, Endoscopy, Inflammatory bowel disease, Colonoscopy, Rectal bleeding, Pilonidal sinus disease, Colon cancer, Benign anorectal disease



Mr Michael Jarrett MA, BM ChB, FRCS, DM
Consultant General Surgeon
Main NHS base: Kingston Hospital NHS Foundation Trust
Clinical interests: Open surgery: Colonic resections, Proctology, Hernia repairs, Laparoscopic surgery: Cholecystectomy, Hernia surgery, Colonic resections, Appendectomy, Ventral mesh rectopexy for internal and external rectal prolapse



Prof. Omar Khan MA, MB BChir, FRCS, PhD, PGCE, PGDip (Law)
Consultant General Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Gastric sleeve, bypass, mini-bypass, band and balloon, Revisional weight loss surgery, Gallstones and gallbladder surgery, Hernia repair surgery



Ms Katherine Krupa MBBS (Hons Class 1), FRACS, FRCPSG
Consultant Surgeon
Main NHS base: The Royal Marsden NHS Foundation Trust
Clinical interests: Oncoplastic breast surgery, Thyroid and parathyroid surgery, Benign breast conditions and breast cancer, Family history of breast cancer and breast screening



Mr Andrew Ramwell MA, MD, FRCS
Consultant Colorectal Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Rectal bleeding/Haemorrhoids, Colonoscopy, Open hernia repair, Laparoscopic colorectal surgery



Prof. Marcus Reddy MBBS, BSc, LLB, FRCS (Eng), FRCS (Gen)
Consultant General Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: GI disease e.g. gallstones and emergency surgery, Hernia surgery: open or laparoscopic TEP technique and advanced laparoscopy, Bariatric surgery, Anti-reflux (hiatus hernia repair, fundoplication, LINX)



Mr Anup Sharma BSc (Hons), MBBS, MS, FRCS (Eng), FRCS (Gen)
Consultant Breast Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Immediate and delayed breast reconstruction, Sentinel node biopsy, Thyroid and parathyroid surgery, Hernia surgery and minor operations



Mr Paul Thiruchelvam BSc, MD, FRCS, PhD
Consultant Breast and Reconstructive Surgeon
Main NHS base: Imperial College Healthcare NHS Trust
Clinical interests: Rapid diagnostic one-stop service, Breast pain, Breast cancer surgery, Family history, Risk reduction surgery, Lymphoedema preventative surgery, Benign breast disease



Mr Georgios Vasilikostas MD, PhD
Consultant General Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Laparoscopic surgery: Weight Loss (gastric sleeve, bypass, mini-bypass, band, balloon, revision), Gallstones, Hernia, Laparoscopic divarication, Anti-reflux (fundoplication, LINX, STRETTA)



Mr Andrew Wan FRCSI RCSI 1996, FRCS (Gen Surg) RCS 2006
Consultant General Surgeon
Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Gallstones (cholecystectomy), Weight loss (bariatric) surgery, Gastric balloon, Hernia (inguinal, umbilical, incisional), Reflux/Hiatus hernia, Gastrointestinal, Endoscopy, Laparoscopy, Pancreas, Adrenal



Mr Peter Willson BSc, MBBS, FRCS (Gen)
Consultant General and Laparoscopic Surgeon
Main NHS base: Private practice
Clinical interests: Benign hepatobiliary surgery, mainly for gallstones, Benign upper gut surgery, mainly for GORD, Hernia surgery: All kinds (simple and complex)

GYNAECOLOGY

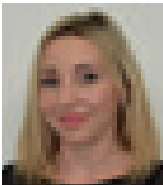


Miss Rowena Bevan MA (Cantab), MB BChir, MSc (Human Reproductive Biology), MD (Cantab), FRCOG
Consultant Gynaecologist
Main NHS base: Kingston Hospital NHS Foundation Trust
Clinical interests: Infertility, Laparoscopic surgery, General gynaecology, Reproductive medicine



Prof. Thomas Bourne MBBS, FRCOG, PhD
Consultant Gynaecologist
Main NHS base: Queen Charlotte's and Chelsea Hospital, Imperial College London
Clinical interests: Early pregnancy care, Ultrasonography including for the assessment of pain or bleeding in early pregnancy, Emergency gynaecology, Gynaecological cancer

GYNAECOLOGY (CONT)



Miss Rhiannon Bray MBBS, BSc (Hons), MRCOG, MD
Consultant Urogynaecologist and Obstetrician

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Urogynaecology including prolapse and incontinence surgery, Birth trauma, Sphincter injury, Overactive bladder, Painful bladder syndrome, Vaginal pessaries, Bulking and Botulinum



Miss Jane Bridges MB ChB, MRCOG
Consultant Gynaecologist

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: Gynaecological oncology



Mr Paul Bulmer MBBS, MRCOG
Consultant Gynaecologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Heavy or irregular periods, Endometrial ablation, Outpatient hysteroscopy, Minimal access surgery (including hysteroscopic removal of polyps and fibroids, and laparoscopic hysterectomy)



Mr Hugh Byrne BMedSc, MB BCH, BAO (Hons), MRCOG
Consultant Gynaecologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Endometriosis, Fibroids, Pelvic pain, Period problems, Sexual issues, PID, Contraception, Vulval pain/disorders, Polycystic ovaries, Ovarian cysts and fertility, Keyhole, open and hysteroscopic surgery



Mr Paul Carter MBBS, BSc, MD, FRCS, FRCOG
Consultant Gynaecologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Colposcopy, Vulval disorders, Complex benign surgery, Oncology



Mr Eduardo Cortes LMS, MRCOG, MD (Res), Sub-specialist in Urogynaecology
Consultant Obstetrician and Gynaecologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Overactive bladder, Pelvic floor vaginal prolapse, Female urinary incontinence, Urodynamic investigations, Obstetric injury, Laparoscopic surgery



Miss Claudine Domoney MB BCHir, MRCOG
Consultant Gynaecologist

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: General gynaecology, Urogynaecology, Menopause and PMS, Psychosexual medicine



Prof. Stergios Doumouchtsis MSc, MPH, PhD, FRCOG
Consultant Urogynaecologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Stress/urgency incontinence, Voiding dysfunction, Cystitis, Bladder pain, Vaginal prolapse, Childbirth injury, Menstrual problems, Polycystic ovaries, Bartholin's cysts, Labial problems



Ms Lubna Haque MBBS, DFFP, MRCOG
Consultant Gynaecologist and Obstetrician

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Abnormal cervical smear and treatment, Vulval problems, Period problems, Fibroids/Polyps, Pelvic pain, Ovarian cysts, Endometriosis, Post-menopausal bleeding, Menopause, Contraception, Hysterectomy, Laparoscopy



Mr Thomas Ind MBBS, MD, FRCOG
Consultant Gynaecologist

Main NHS base: St George's University Hospitals and The Royal Marsden NHS Foundation Trusts

Clinical interests: Complex gynaecological surgery, Oncology (including colposcopy), Ovarian cancer screening, Endometriosis, Cancer



Mr Haider Jan BSc, MBBS, MRCOG
Consultant Obstetrician and Gynaecologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Advanced laparoscopic gynaecology, Pelvic pain, adhesions and endometriosis, Fibroids, cysts and fertility surgery, Abnormal bleeding and prolapse, Menopause, HRT and premenstrual syndrome



Miss Zainab Khan MBBS, MRCOG, MD
Consultant Gynaecologist and Sub-Specialist Urogynaecologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Prolapse surgery and pessary, Incontinence, Labial reduction surgery, Childbirth trauma, Pelvic pain, Menstrual problems, Ovarian cysts, Polycystic ovaries, Coil insertion, Menopause, Laparoscopy



Prof. Isaac Manyonda BSc, MBBS, PhD, MRCOG
Consultant Gynaecologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Recurrent miscarriage, Fibroid disease, Menopause, Minimal access surgery, High risk obstetrics



Ms Roopa Navani BSc, MBBS, DFFP, FRCOG
Consultant Gynaecologist

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: Heavy periods, Menstrual problems, Fibroids, Polycystic ovaries, Early pregnancy concerns, Pelvic pain, Endometriosis, Menopause symptoms/HRT, Well woman checks, Reproductive health, Polyps, Hysteroscopy

GYNAECOLOGY (CONT)



Mr Demetri Panayi MBBS (Lon), BSc (Hons), MRCOG
Consultant Obstetrician and Gynaecologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Incontinence, Prolapse, Recurrent urinary infections, Bladder, pelvic and vaginal pain, Vaginal and labial refashioning, Childbirth injury, Overactive bladder, General gynaecology



Miss Katherine Panter FRCOG, MD, MRCOG, MA, MBBS, BA (Hons)
Consultant Gynaecologist

Main NHS base: Private practice

Clinical interests: Menopause, Hormone replacement therapy (HRT), Prolapse, Problem periods, Abnormal bleeding, PCOS, Fibroids, Outpatient hysteroscopy, Hysteroscopic surgery, MyoSure/NovaSure endometrial ablation, Mirena



Miss Iman Riad MB BCh, MRCOG
Consultant Gynaecologist and Obstetrician

Main NHS base: Private practice

Clinical interests: Abnormal bleeding, Outpatient hysteroscopy, Fibroids, Menopause, Early pregnancy care, Pelvic pain, Infertility



Mr Austin Ugwumadu MBBS, PhD, FRCOG
Consultant Gynaecologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Recurrent thrush, Bacterial vaginosis, Chronic vaginal discharge, Pelvic inflammatory disease, Menstrual problems, PMT, General gynaecology and obstetrics, Late miscarriage, Perinatal infections

HAEMATOLOGY



Dr Zaid Abboudi FRCP, FRCPath, DCPATH
Consultant Haematologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Haemato-oncology, Leukaemia, Lymphoma, Myeloma, Lymph node pathology, General haematology



Dr Francis Matthey MBBS, FRCP, FRCPath
Consultant Haematologist

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: General haematology, Blood clotting disorders (thrombosis and bleeding disorders), Haematological malignancies: Lymphoma, Myeloma, Myeloproliferative diseases, Chronic leukaemia



Dr Simon Stern MBBS, FRCP, FRCPath
Consultant Haematologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: General haematology, Haemato-oncology (myeloma, lymphoma, leukaemia, myeloproliferative diseases), Thrombosis



Dr Samir Zebari MB ChB, MSc (HAEM), FRCP (UK), MRCP, MRCPATH
Consultant Haematologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Managing acute and chronic leukaemia, Lymphoma, Myeloma, Anaemia, Bleeding and clotting disorders

MEDICAL MICROBIOLOGY AND VIROLOGY



Dr Berge Azadian BSc, MB BCh, FRCPath
Consultant Microbiologist

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: Microbiology, Infection prevention and control

NEPHROLOGY



Prof. John Eastwood MD (Lon), FRCP
Consultant Nephrologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: High blood pressure, Urinary tract infection, Chronic kidney disease, eGFR and prevention of kidney function decline, Renal metabolic problems



Prof. Hugh Gallagher MA, MSc, PhD, FRCP
Consultant Physician and Nephrologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Chronic kidney disease (CKD), Hypertension in kidney disease, Cardiovascular risk reduction in CKD, Proteinuria, Microscopic haematuria, Acute kidney Injury

NEUROLOGY



Dr Ali Al-Memar MD, FRCP
Consultant Neurologist

Main NHS base: Kingston Hospital and St George's University Hospitals NHS Foundation Trusts

Clinical interests: General neurology including: Headache, Stroke, Epilepsy, Parkinson's disease and Multiple Sclerosis, Neuromuscular disorders including: Peripheral nerve disorder and Muscle disease



Dr Oliver Foster MA, PhD, FRCP
Consultant Neurologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Headache, Parkinson's disease, Stroke, General neurology



Dr Colette Griffin MBBS, MRCP, MD
Consultant Neurologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Traumatic brain injury and neurorehabilitation, Chronic disability, Acute and chronic sequelae of traumatic brain injury, Epilepsy, Headache, Psychological challenges

NEUROLOGY (CONT)



Dr Marie-Helene Marion MD, AIHP, ACCA (Paris) 
Consultant Neurologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Parkinson's disease, Tremor, Tics, Dystonia, Chorea, Treatment of excessive sweating with Botox™, Facial palsy, Blepharospasm, Torticollis, Writer's cramp, Jaw spasm, Headache, Bruxism



Dr Salah Omer MBBS, FRCP (Lon), FRCP (Edin)
Consultant Neurologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Epilepsy, Headache, Neuro-genetics, General neurology



Dr Dominic Paviour PhD, MBBS, FRCP
Consultant Neurologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Headache, Dizziness, Multiple Sclerosis (MS) and inflammation, Stroke, Dementia, Neurological problems and pregnancy, Epilepsy, Parkinson's disease and movement disorders



Dr Pablo Garcia Reitboeck MD, PhD, MRCP, MRCP (Neurology)
Consultant Neurologist

Main NHS base: St. George's University Hospitals NHS Foundation Trust

Clinical interests: Acute/emergency neurology, Headaches, Dizziness, Limb weakness/numbness, Loss of consciousness/altered awareness, Memory problems, Myasthenia gravis



Dr Fergus Rugg-Gunn MBBS, MRCP, PhD
Consultant Neurologist

Main NHS base: The National Hospital for Neurology and Neurosurgery

Clinical interests: Epilepsy

NEUROSURGERY



Mr Matthew Crocker BM BCh, MA (Oxon), FRCS (SN)
Consultant Neurosurgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Back/Leg/Arm pain, Brachalgia, Slipped discs, Spinal tumours/trauma, Neurosurgery and spinal surgery, Non-operative treatment of spinal conditions, Vascular neurosurgery, Head injuries



Mr Francis Johnston MA, FRCS
Consultant Neurosurgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Spinal surgery, Complex spinal surgery, Vascular neurosurgery, Tumour surgery



Mr Timothy Jones FRCS (SN), PhD
Consultant Neurosurgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: General neurosurgery, Spinal surgery, Carpal tunnel syndrome, Peripheral nerve surgery, Facial pain and trigeminal neuralgia, Hemifacial spasm, Brain tumour surgery



Prof. Marios Papadopoulos MA, MD, FRCS (SN)
Consultant Neurosurgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Spinal and vascular neurosurgery



Mr Simon Stapleton MBBS, BSc, MD, FRCS (Surg Neurol)
Consultant Neurosurgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Cervical and lumbar spine surgery, Brain tumours including pituitary and skull base, Paediatric neurosurgery

OPHTHALMOLOGY



Mr Faisal Ahmed MBBS, BSc (Hons), FRCOphth
Consultant Ophthalmologist

Main NHS base: Western Eye Hospital, Imperial College Healthcare NHS Trust

Clinical interests: Glaucoma, Bespoke cataract surgery



Mr Parham Azarbod BSc (Hons), MBBS, MRCS (Surg), FRCOphth
Consultant Ophthalmic Surgeon

Main NHS base: Moorfields Eye Hospital NHS Foundation Trust

Clinical interests: Cataract surgery, Adult glaucoma care, Dry eyes, Blepharitis




Mr John Beare MRCP, FRCOphth
Consultant Ophthalmologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Cataract, Glaucoma, Eyelid tumours and swellings, Entropion, Ectropion, Ptosis, Lacrimal problems, Upper lid blepharoplasty



Mr Lloyd Bender MB ChB, MD, FRCOphth, FRANZCO 
Consultant Paediatric Ophthalmologist

Main NHS base: Moorfields Eye Hospital NHS Foundation Trust

Clinical interests: Paediatric ophthalmology, Strabismus (adult and paediatric), Neuro-ophthalmology

OPHTHALMOLOGY (CONT)



Mr Kuang Hu MA, MB BChir, PhD, FRCOphth
Consultant Ophthalmic Surgeon

Main NHS base: Moorfields Eye Hospital NHS Foundation Trust

Clinical interests: General ophthalmology, Cataracts, Glaucoma



Mr Amanjeet Sandhu BSc, MBBS, FRCOphth, MRCSEd (Ophth)
Consultant Ophthalmic Surgeon

Main NHS base: Moorfields Eye Hospital NHS Foundation Trust

Clinical interests: Bespoke cataract surgery, Glaucoma including medical, laser and surgical management, Minimally invasive and complex glaucoma surgery, Dry eyes



Mr Sanjay Shah BSc, MBBS, MRCP, FRCS, FRCOphth, DO **P**
Consultant Ophthalmic Surgeon

Main NHS base: Private practice

Clinical interests: General ophthalmology, Cataract surgery, Glaucoma, laser treatment and surgery, Treatment for age-related macular degeneration, including intravitreal injections



Mr Hooman Sherafat MBBS, FRCOphth
Consultant Ophthalmologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Cataract surgery, General ophthalmology, Oculoplastics, Lacrimal, Cosmetic eyelid surgery



Miss Vasuki Sivagnanavel FRCOphth, MD, BSc, MBBS, PG Cert Healthcare Management
Consultant Ophthalmologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Medical retina, Age-related macular degeneration, Diabetic eye disease, Retinal vein occlusions, Inflammatory eye disease, General ophthalmology and cataract surgery



Mr Jimmy Uddin MA, FRCOphth **P**
Consultant Ophthalmologist

Main NHS base: Moorfields Eye Hospital NHS Foundation Trust

Clinical interests: General ophthalmology, Oculoplastics, Orbital and lacrimal, (Adnexal) thyroid eye disease, Cosmetic and reconstructive eyelid and brow surgery, Eyelid malposition



Mr Paul Ursell MBBS, FRCOphth, MD
Consultant Ophthalmic Surgeon

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Cataract surgery, Premium implants, Multi-focal implants, Toric implants, Refractive surgery, Corneal surgery, Macular degeneration, Red eyes, Posterior capsular opacification, General ophthalmology



Miss Louisa Wickham MBBS, FRCOphth, MD, MSc
Consultant Ophthalmologist

Main NHS base: Moorfields Eye Hospital NHS Foundation Trust

Clinical interests: Medical and surgical retina, Diabetic retinopathy, Retinal detachment, Trauma, Macular hole, Epiretinal membrane, Age-related macular degeneration, Intravitreal injections for retinal diseases

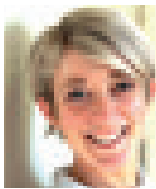
ORAL AND MAXILLOFACIAL SURGERY



Mr Jahrad Haq BDS, BSc (Hons), MBBS, MRCS, FRCS (OMFS)
Consultant Oral and Maxillofacial Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Adult and paediatric oral and maxillofacial surgery, Wisdom teeth, Facial deformity and jaw surgery, Facial skin lesions and cosmetic surgery



Miss Lisa Greaney MFDS RCS, MBBS, FRCS (OMFS) **P**
Consultant Oral and Maxillofacial Surgeon

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust and Chelsea Children's Hospital

Clinical interests: Surgical treatment of skin lesions including cancer, Oral surgery (tooth extraction, impacted teeth, buried roots), Facial deformity (orthognathic/double or single jaw/chin surgery)



Mr Nicholas Hyde FDS, FRCS (OMFS), MS **P**
Consultant Oral and Maxillofacial Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Wisdom tooth removal, Facial trauma, Salivary gland disease, Oral pathology, Head and neck skin cancer, Surgery for oral cancer, Neck lumps



Mr Mehmet Manisali MSc, FFDRCSI, FRCS (Ed), FRCS (OMFS) **P**
Consultant Maxillofacial Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Facial trauma/deformity, Skin cancer, Dentoalveolar surgery, Orthognathic surgery, Orbital surgery/disorders, Facial aesthetic surgery, Blepharoplasty, Dental extractions, Rhinoplasty, Septorhinoplasty, Genioplasty



Mr Ashraf Messiha BDS, MB BCh, BAO, MFDS, MRCS, FRCS (Intercollegiate), FRCS (OMFS)
Consultant Oral and Maxillofacial Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: TMJ surgery, Orthognathic surgery, Facial plastic and reanimation surgery for facial paralysis, Orofacial rehabilitation, Dentoalveolar surgery, Obstructive sleep apnoea surgery



Mr Graham Smith BDS (Hons), MB ChB, FDS RCS, FRCS (Eng), FRCS (OMFS) **P**
Consultant Oral and Maxillofacial Surgeon

Main NHS base: St George's University Hospitals and Kingston Hospital NHS Foundation Trusts

Clinical interests: Dentoalveolar surgery, Oral medicine, Salivary gland disease, Facial trauma, Head and neck oncology including skin cancer and neck lumps, Dental implantology

ORAL AND MAXILLOFACIAL SURGERY (CONT)



Mr Andrew Stewart MBBS (Hons), BDS (Hons), FDS RCS, FRCS **P**
Consultant Oral and Maxillofacial Surgeon

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Impacted teeth, Wisdom teeth, Facial deformity, Facial trauma, Salivary gland disease, Facial skin cancer, Diagnosis of mouth cancer



Miss Helen Witherow BDS (Birm), FDS RCS (Eng), MB ChB (Bristol), FRCS (Eng),
FRCS (OMFS) **P**
Consultant Oral and Maxillofacial Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Craniofacial, Surgical dermatology, Oral surgery, Facial aesthetic surgery and facial trauma

ORTHOPAEDICS



Mr Ajeya Adhikari MS (Orth), MCh (Orth), FRCS (Orth)
Consultant Orthopaedic Knee Surgeon

Main NHS base: South West London Elective Orthopaedic Centre, Epsom and St Helier University Hospitals NHS Trust

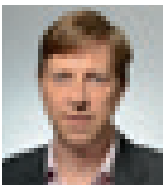
Clinical interests: Surgical and non-surgical disorders of the knee, Knee replacements, Keyhole surgery of the knee, Knee injections, Sports knee injuries



Mr Amit Amin MRCS, FRCS (Orth) **P**
Consultant Orthopaedic Surgeon

Main NHS base: Private practice

Clinical interests: All aspects of foot and ankle surgery, Sports injuries, Ankle sprains, Morton's neuroma, Achilles tendon dysfunction, Plantar fasciitis, Bunions/Hammer toes, Ankle arthritis



Mr Magnus Arnander MSc, FRCS (Tr & Orth), Dip Hand Surg, Senior Clinical Lecturer
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: All types of hand, wrist and elbow problems, Carpal tunnel syndrome, Trapped nerves, Fractures, Tendon problems, Arthritis, Ganglions and lumps



Mr Jonathan Baxter MBBS, MRCS, BMedSci (Hons)
Consultant Orthopaedic Shoulder and Elbow Surgeon

Main NHS base: Buckinghamshire Healthcare NHS Trust

Clinical interests: Acute sports-related injuries and degenerative conditions including arthritis, Arthroscopic (keyhole) surgery, Tendon injuries, Rotator cuff tears, Fractures and dislocations



Mr Jonathan Bell FRCS (Orth) **P**
Consultant Orthopaedic Surgeon

Main NHS base: Private practice

Clinical interests: Sports injuries, Ligament injuries, Arthroscopy, Ligament reconstruction, Second opinions, Knee replacement, Patella femoral problems



Mr Jason Bernard MD, FRCS (Orth) **P**
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Spinal deformities: Scoliosis/Kyphosis correction, Spinal fractures, Vertebroplasty, Kyphoplasty, Spinal tumours



Mr Tim Bishop MBBS, FRCS (Orth) **P**
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Spinal surgery: Adult and paediatric spinal deformity, Metastatic spinal disease and spinal trauma, Surgery for cervical, thoracic, lumbar and sacral pathology



Mr Simon Bridle MBBS, FRCS (Eng), FRCS (Orth)
Consultant Orthopaedic Surgeon

Main NHS base: Private practice

Clinical interests: Hip and knee replacement, MAKO robotic arm assisted hip and knee replacement, Revision surgery for failed hip and knee replacements, including infection



Mr John Dabis MBBS, MRCS, FRCS (Tr & Orth), MSc, SEM
Consultant Knee Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Sports-related injuries, ACL reconstruction, Meniscal surgery, Partial and total knee replacements, Knee preservation surgery



Mr Paul Davey MBBS, FRCSEd (Tr & Orth)
Consultant Orthopaedic Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Hand and wrist surgery, Carpal tunnel syndrome, Cubital tunnel syndrome, Dupuytren's contracture, Thumb base arthritis, Ganglia, Trigger finger, Tennis and golfer's elbow



Mr Andrew Davies MB ChB, FRCS (Eng), FRCS (Orth & Tr)
Consultant Knee Surgeon

Main NHS base: Private practice

Clinical interests: Reconstructive surgery and sports injury to the knee, Ligament repair and joint replacement

ORTHOPAEDICS (CONT)



Mr Adrian Day MB Bchir, BMedBiol, FRCS (Orth)
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Hip/knee replacement and arthroscopic surgery, Meniscal repair, ACL and multi-ligament reconstruction, Complex trauma and deformity reconstruction, Pelvic and acetabular reconstruction, Ankle surgery/replacement



Mr Adrian Fairbank MA, MB BChir, FRCS, FRCS (Orth) **P**
Consultant Orthopaedic Surgeon

Main NHS base: Private practice

Clinical interests: Adult knee surgery, Surgical and non-surgical treatment, Injections and arthroscopic surgery, Standard and robot-assisted full and partial knee replacement



Mr Andrew Forester BSc (Hons), MB ChB, FRCSEd (Orth)
Consultant Orthopaedic Surgeon

Main NHS base: Charing Cross Hospital, Imperial College Healthcare NHS Trust

Clinical interests: Shoulder and elbow surgery, Arthroscopic surgery, especially treatment of recurrent shoulder dislocation, Frozen shoulder and rotator cuff pathology



Mr Paul Gillespie MB BCH, BAO, MMedSc (Anatomy), FRCSI (Trauma)
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Hip and knee surgery, including joint replacement surgery, Knee ligament reconstruction, Pelvic, acetabular and complex trauma reconstruction, General trauma



Mr Martin Goddard MBBS (Lond), MRCS (Eng), FRCS Tr & Orth (Eng)
Consultant Orthopaedic Knee Surgeon

Main NHS base: Private practice

Clinical interests: Sports-related knee injuries, ACL rupture and reconstruction, Meniscal injuries, Arthritis, MAKO robotic surgery for partial and total knee replacement



Mr Hugo Guthrie MB ChB (Edin), MRCS (Eng), FRCS (Tr & Orth)
Consultant Trauma and Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Arthroscopic knee surgery, Anterior cruciate ligament reconstruction, Osteotomy, Partial and total knee replacement, Lower limb fracture surgery



Mr Giles Heilpern BSc, MBBS, MRCP, MD
Consultant Orthopaedic Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Arthroscopic, open knee and shoulder surgery, Joint replacement, Sports-related soft tissue injuries, Complete knee and shoulder service



Miss Caroline Hing MBBS, BSc, MSc, MD, FRCS, FRCS (Tr & Orth)
Consultant Trauma and Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Trauma treatment, Lower limb arthroplasty, Patellofemoral instability, Soft tissue knee injuries



Mr Darren Lui MCh, FRCS (Tr & Orth)
Consultant Orthopaedic and Spinal Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Anterior and complex spinal surgery, Failed back syndrome, Scoliosis, Kyphosis surgery, Primary spine tumours, Spinal metastases, Balloon and radiofrequency kyphoplasty



Miss Fiona Middleton MBBS, MA (Oxon), FRCS (Tr & Orth)
Consultant Orthopaedic Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Hand and wrist surgery, Carpal tunnel syndrome, Dupuytren's disease, Trigger finger, Ulna nerve compression, Wrist fractures, Hand/Thumb arthritis, Ganglions



Mr Philip Mitchell MBBS, BSc (Hons), FRCS (Orth), FRCS
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Hip and knee replacement, Revision hip and knee surgery, Knee arthroscopy



Mr Reza Mobasheri FRCS (Tr & Orth)
Consultant Trauma and Orthopaedic Surgeon

Main NHS base: Imperial College Healthcare NHS Trust

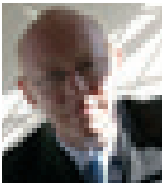
Clinical interests: Neck and lower back pain, Sciatica, Degenerative spinal disorders



Mr Neel Mohan FRCS (Orth) **P**
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Paediatric orthopaedics and traumas, Adolescent knee disorders, Adult soft tissue knee surgery



Mr Nicholas Morgan MBBS, BSc, FRCS (Tr & Orth)
Consultant Orthopaedic Surgeon

Main NHS base: Private practice

Clinical interests: Knee surgery, Arthroscopic surgery, ACL reconstruction, Multiple ligament knee reconstruction, Knee replacement, Partial knee replacement, Custom-made knee replacement (Conformis)

ORTHOPAEDICS (CONT)



Mr Dominic Nielsen FRCS (Tr & Orth) P
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Foot and ankle: complex trauma reconstruction



Mr Eyiemi Pearse MA (Oxon), FRCS (Orth) P
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Shoulder and elbow surgery, Upper limb fractures



Mr Peter Peev MSc, CCST
Consultant Orthopaedic Surgeon

Main NHS base: LNW NHS Trust, Ealing and Central Middlesex Hospitals

Clinical interests: Orthopaedic conditions and surgery, Hip/knee reconstruction and trauma surgery, Hip/knee replacement, Revision surgery, Knee arthroscopy, Fracture fixation, Traumatic and sports injuries



Mr Mark Proctor MA, FRCS (Orth)
Consultant Orthopaedic Surgeon

Main NHS base: Queen Mary's Hospital and Kingston Hospital NHS Foundation Trust

Clinical interests: Shoulder and upper limb surgery, Arthroscopic knee surgery



Mr Pal. Ramesh MCh (Orth), FRCS, FRCS (Orth) P
Consultant Orthopaedic Foot and Ankle Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Bunions, Hammer toe, Morton's neuroma, Bone spurs and arthritis, Sports injuries, Tendon/Ligament repair, Ankle arthroscopy, Replacement and fusions, Shockwave therapy



Mr Omar Sabri MB BCH, MS (Ortho), FRCS
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Trauma surgery (upper and lower limbs), Hip and pelvis reconstruction, Hip arthroplasty, Knee replacement, Foot and ankle procedures, Removal of metal works/implants



Mr Ritesh Sharma MBBS, MSc Orth (Eng), FRCS (Tr & Orth)
Consultant Orthopaedic Hand and Wrist Surgeon

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Hand/Wrist surgery, Carpal tunnel, Trigger finger, Dupuytren's contracture, De Quervain's tenosynovitis, Hand/Wrist arthritis or injuries, Ganglion, Scaphoid problems, Cubital tunnel, Tennis/Golfer's elbow



Mr Nashat Siddiqui MBBS, BSc, FRCS (Tr & Orth)
Consultant Trauma and Orthopaedic Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Shoulder/Elbow problems, surgery and joint replacement, Hand/Wrist arthritis, Finger joint replacements, Trapeziectomy, Carpal tunnel surgery, Dupuytren's contracture surgery, Upper limb trauma surgery



Mr Matthew Solan FRCS (Tr & Orth)
Consultant Orthopaedic Surgeon

Main NHS base: Royal Surrey NHS Foundation Trust

Clinical interests: Ankle and foot problems in children and adults, Heel pain, Toe problems, Sports injuries, Flat feet, Minimally invasive surgery



Mr Oliver Templeton-Ward FRCS (Orth)
Consultant Trauma and Orthopaedic Surgeon

Main NHS base: Private practice

Clinical interests: Partial and total knee replacement, Patellofemoral instability, Arthroscopic treatments for cartilage and ligament injuries, Management of hamstring injuries in athletes



Prof. Duncan Tennent MBBS, FRCS (Orth), MACadMed
Consultant Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Shoulder and elbow including rotator cuff, dislocation, arthritis and ligaments, Arthroscopy of both joints, arthritis and joint replacement, Fractures/Dislocations of both joints



Mr Rhidian Thomas MS, FRCSEd (Orth) P
Consultant Orthopaedic Surgeon

Main NHS base: Charing Cross Hospital, Imperial College Healthcare NHS Trust

Clinical interests: Knee problems including ligament, meniscus and arthritis, Shin, ankle and foot problems, Sports injuries, Overuse injuries, Arthroscopy and joint replacement



Miss Shamim Umarji BM BCH (Oxon), MA (Hons), FRCS (Tr & Orth) P
Consultant Trauma and Orthopaedic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Wrist pain including sports injuries, Scaphoid/Wrist fractures, Wrist arthroscopy, Nerve decompressions, Dupuytren's disease, Rheumatoid hand, Tendonitis, Platelet-rich plasma (PRP) therapy



Mr David Ward FRCS (Orth), FRCS (Ed)
Consultant Orthopaedic Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust and South West London Elective Orthopaedic Centre

Clinical interests: Hip surgery, Lower limb joint replacement, Revision surgery

PAEDIATRICS AND PAEDIATRIC SURGERY



Dr Wathik Alsaud FRCPCH, MB ChB **P**
Consultant Paediatrician

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: Food allergies, Hay fever, Eczema, Urticaria, Reflux, colic and infant feeding, Cow's milk allergy, Asthma, cough and wheezing, Abdominal pain, General paediatric problems



Mr Eric Nicholls FRCS **P**
Consultant Paediatric General Surgeon and Urologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Children's general surgery and urology, Abdominal and inguinal-scrotal problems



Dr John O'Connell FRCP, FRCPCH, DA, DCH **P**
Consultant Paediatrician

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: General paediatrics, Paediatric neurodisability, respiratory, rheumatology and rehabilitation medicine

PAIN MANAGEMENT



Dr James Blackburn MBBS, BSc, FRCA, FFPMRCA **P**
Consultant in Anaesthesia and Pain Medicine

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Musculoskeletal pain, Chronic regional pain syndrome, Head, neck and facial pain, including trigeminal neuralgia



Dr Prabhu Gandhimani MBBS, MD, FRCA, FIPP, FFPMRCA
Consultant Anaesthetist – Pain Management

Main NHS base: Kingston Hospital, Queen Mary's Hospital

Clinical interests: Back, neck, musculoskeletal, sciatica and nerve pain, Abdominal pain, Cancer pain, Interventional pain medicine, Post-surgery pain, Failed back surgery pain



Dr Andrew Nicolaou BSc (Hons), MBBS, FRCA, FFPMRCA, AKC
Consultant Anaesthetist – Pain Management

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Back pain, Neck pain, Musculoskeletal pain, Complex regional pain syndrome (CRPS), Neuropathic pain, Cancer and post-surgical pain



Dr Sarang Puranik MBBS, MD, FFARCSI
Consultant Anaesthetist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Chronic pain management, Management of neuropathic pain, back pain and musculoskeletal pain

PLASTIC AND COSMETIC SURGERY



Mr Christopher Abela MA, MB BChir, FRCS (Plast), Diploma Aesthetic Surgery
Consultant Craniofacial and Plastic Surgeon

Main NHS base: Chelsea and Westminster Hospital NHS Foundation Trust

Clinical interests: Skin lesions, Skin cancer, Lumps and bumps, Facial plastic surgery, Botox™, Abdominoplasty, Eyelid surgery, Birthmarks in children, Facial injuries



Miss Farida Ali MSc, FRCS
Consultant Plastic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Plastic surgery, Breast surgery and breast construction



Mr Adam Blackburn BSc (Hons), MBBS (Hons), FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: Queen Victoria Hospital and Royal Surrey NHS Foundation Trusts

Clinical interests: Skin lesion removal, Microsurgical breast reconstruction, Breast reduction, Removal of breast implants, Mastopexy, Breast augmentation, Fat grafting, Abdominoplasty, Prominent ear correction



Mr Neil Bulstrode BSc (Hons), MBBS, MD, FRCS (Plast) **P**
Consultant Plastic Surgeon

Main NHS base: Great Ormond Street Hospital and University College Hospital, London

Clinical interests: Cosmetic facial, breast and body contouring surgery and non-surgical injectable treatments, Reconstructive surgery including skin cancer, birthmarks, ear and facial reconstruction



Miss Sonja Cerovac MD, MSc, FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Dupuytren's, tendon and nerve surgery, Wrist injuries and arthritis, Aesthetic surgery (face, breast and tummy), Scar management, Skin cancer surgery



Mr James Colville MBBS, MSc, FRCS (Eng), FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Breast and abdominal cosmetic surgery, Liposuction, Ear correction, Eyelid and nose surgery, Skin cancer and hand surgery



Mr Andrew Fleming MB ChB (Cape Town), FRCS (Edin), FCS (SA) Plast, BAPS, BAPRAS **P**
Consultant Plastic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Cosmetic surgery, Hand surgery including trigger finger and Dupuytren's disease, Skin cancers, moles and lumps and bumps, Injectable fillers including Botox™

PLASTIC AND COSMETIC SURGERY (CONT)



Mr David Gateley MA, FRCS, FRCS (Plast) 
Consultant Plastic Surgeon

Main NHS base: Private practice

Clinical interests: Surgical and non-surgical aesthetics, Hand surgery, Skin cancer surgery, Facelifts, Eyelid surgery, Cosmetic breast surgery, Liposuction, Abdominal surgery



Mr Paul Harris BSc, MBBS, MD, FRCS, FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: The Royal Marsden NHS Foundation Trust

Clinical interests: Plastic surgery, Breast reconstruction, Cosmetic surgery, Skin cancer



Ms Catherine Milroy BM BCh, FRCS (Eng), FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Paediatric plastic surgery, General plastic surgery, Breast reduction, augmentation and asymmetry, Abdominoplasty, Aesthetic genital surgery



Miss Joy Odili MB ChB, MD, FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Melanoma/Skin cancer surgery, Cosmetic/Reconstructive surgery, Ear reconstruction, Paediatric plastic surgery, Post weight loss surgery, Non-surgical facial rejuvenation (Botox™ and fillers)



Prof. Barry Powell MCh, MA, FRCS (Eng) and (Edin)
Consultant Plastic Surgeon and Skin Cancer Specialist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Mole checks with dermoscopy, Melanoma/Non-melanoma skin cancer, Sentinel node biopsy for melanoma, Surgery for melanoma and recurrent disease



Mr Paul Roblin MBBS, MSc, FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: Benign/Malignant skin lesions, Facelift, Eyelid surgery, Breast augmentation, reduction and lift, Abdominoplasty, Liposuction, Breast reconstruction (implants, DIEP, TMG and SGAP flaps)



Ms Victoria Rose MBBS, MD, FRCS (Plast), PGCME
Consultant Plastic Surgeon

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: Breast reconstruction, Breast reduction, Breast uplift, Breast asymmetry, Tummy tuck, Gender breast surgery, Lipomodelling, Orthopaedic wound, Lower limb reconstruction



Mr Mark Soldin MB ChB, FCS (SA) Plast, FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: St George's University Hospitals and Kingston Hospital NHS Foundation Trusts

Clinical interests: Skin cancer, General plastic surgery, Aesthetic surgery, Weight loss body contouring



Mr Adam Topping MB ChB, MD, FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: Private practice

Clinical interests: Facial rejuvenation, Body contouring after pregnancy or weight loss, Breast surgery (enhancement, reduction and uplift), Labial reduction



Mr Simon Wood MBBS, FRCS (Plast)
Consultant Plastic Surgeon

Main NHS base: Charing Cross Hospital, Imperial College Healthcare NHS Trust

Clinical interests: Skin cancer, Breast reconstruction, Head and neck cancer, Aesthetic surgery

PSYCHIATRY



Dr Azeem Hakeem MBBS, FRCPsych, CCSTs
Consultant Psychiatrist

Main NHS base: Private practice

Clinical interests: General psychiatry, Depression, Anxiety, Trauma/PTSD, OCD, Addiction, Mood disorders, Bipolar disorder, Gender dysphoria, Burnout, Schizophrenia, Stress, Phobias



Dr Kim Hwang MB ChB (Wales), MRCPsych (UK), DPM (UK), DHCE (King's College, London)
Consultant Psychiatrist

Main NHS base: Private practice

Clinical interests: Depressive disorders, Anxiety, Neurosis, Stress, Adjustment disorders, Psychosomatic medicine, Transcultural psychiatry, Dementia/Neurodegenerative disorders



Dr Justin Sauer BSc, MBBS, FRCPsych
Consultant Psychiatrist

Main NHS base: South London and Maudsley NHS Foundation Trust

Clinical interests: General psychiatry, Stress-related conditions, Anxiety disorders, Mood (affective) disorders including depression, OCD, PTSD, Bipolar disorder, Memory change, Dementia

REHABILITATION



Dr Mushriq Al-Khayatt MB ChB, FRCP, FRCPI
Consultant Neurophysiologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Neurophysiology studies for peripheral neuropathies and muscle disorders, EEG and video telemetry for epileptic disorders, Encephalopathies, Autonomic nervous system disturbances

REHABILITATION (CONT)



Dr Hamid Modarres MD, FRCP
Consultant Physician

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Nerve and muscle disease, Epilepsy, General neurology

RHEUMATOLOGY



Dr Sangita Agarwal BSc, MBBS, MRCP, MSc
Consultant Rheumatologist

Main NHS base: Guy's and St Thomas' NHS Foundation Trust

Clinical interests: Osteoporosis/Osteopenia, Inflammatory back pain, Chest problems associated with rheumatic disease



Dr Muthana Al-Obaidi MB ChB, MRCPCH **P**
Paediatric Rheumatology Consultant

Main NHS base: Great Ormond Street Hospital for Children NHS Foundation Trust

Clinical interests: Juvenile idiopathic arthritis in children and young people, Systemic lupus erythematosus in children and young people, Juvenile dermatomyositis, Inflammatory and non-inflammatory musculoskeletal pain



Prof. John Axford DSc, MD, FRCP, FRCPCH **P**
Consultant in Adult and Paediatric Rheumatology, Emeritus Professor of Clinical Rheumatology

Main NHS base: Private practice

Clinical interests: All aspects of musculoskeletal disease, Joint and back pain, Autoimmune inflammatory disease including: Rheumatoid arthritis, Lupus, Juvenile idiopathic arthritis



Dr Brian Bourke MBBS, FRCP, FACP
Consultant Physician and Rheumatologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: General internal medicine and rheumatology, Inflammatory musculoskeletal disorders, Connective tissue diseases and sarcoidosis



Dr Hugh Jones MB ChB, FRCP
Consultant Rheumatologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Painful joints, knees and shoulders, Neck and back pain, Sciatica, Osteoarthritis, Gout, Inflammatory arthritis



Prof. Patrick Kiely BSc, MBBS, FRCP, PhD
Consultant Rheumatologist and Professor of Practice in Clinical Rheumatology

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: All aspects of clinical rheumatology: Inflammatory conditions, Rheumatoid and psoriatic arthritis, Ankylosing spondylitis, Polymyalgia rheumatica, Gout, Haemochromatosis, Hypermobility, Osteoarthritis



Dr Sanjeev Patel BM, DM, FRCP
Consultant Rheumatologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust

Clinical interests: Over 20 years of consultant experience and expertise in all types of arthritis, inflammatory conditions and osteoporosis

SPORTS AND EXERCISE MEDICINE



Prof. Simon Kemp MA, MBBS, MSc, FFSEM **P**
Consultant in Sports and Exercise Medicine and Medical Services Director at Rugby Football Union

Main NHS base: Private practice

Clinical interests: Concussion, Tendinopathy, Groin and hip pain, The school-age athlete, Knee, Shoulder

UROLOGY



Mr Christopher Anderson FRCS (Urol) SA
Consultant Urologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: General urology, Laparoscopic and robotic surgery for renal and prostate cancer



Mr James Bellringer MA, MB BChir, FRCS (Urol)
Consultant Urologist

Main NHS base: Private practice

Clinical interests: General urology, Erectile dysfunction, Female incontinence, Genital reconstruction, Sexual dysfunction, Penile surgery, Gender dysphoria



Mrs Nadine Coull MBBS, MS, FRCS (Urol)
Consultant Urologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Minimally invasive surgery for stress incontinence, Management of overactive bladder with Botox™, Urine infections, Bladder pain and general urology



Mr Massimo Garriboli MD, FRCS (Eng), FEAPU, FEBPS **P**
Consultant Paediatric Urologist

Main NHS base: Evelina London Children's Hospital

Clinical interests: Kidney dilatation, Vesico-ureteric reflux, Recurrent urinary tract infections, Incontinence, Foreskin problems, Hypospadias, Circumcision, Undescended testes, Hydrocoeles, Umbilical/Inguinal hernias, Labial adhesions



Mr Pieter Le Roux FRCS, FCS (SA) Urol, MMed (UCT) **P**
Consultant Urologist

Main NHS base: Epsom and St Helier University Hospitals NHS Trust and St George's University Hospitals NHS Foundation Trust

Clinical interests: General urology, Oncology, Kidney cancer, Prostate cancer, Bladder cancer, Enlarged prostate, Nephrectomy, Adrenalectomy, Laparoscopic and robotic urology surgery, Prostate surgery

UROLOGY (CONT)



Mr Roland Morley MBBS, FRCS, FRCS (Urol) **P**
Consultant Urologist

Main NHS base: Kingston Hospital NHS Foundation Trust

Clinical interests: Paediatric urology, Female urology, incontinence surgery, prolapse, bladder dysfunction, interstitial cystitis and urinary tract infections, Infertility, Benign reconstruction of urinary tract, Infertility vasectomy reversal



Mr Matthew Perry MD, BSc, FRCS (Urol)
Consultant Urological Surgeon

Main NHS base: Royal Surrey NHS Foundation Trust

Clinical interests: Prostate cancer, Bladder cancer, Pelvic oncology



Mr Hasan Qazi MBBS, MD, FRCS (Urol)
Consultant Urologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Circumcision, Prostate/Bladder problems, Diagnosis and treatment of prostate/bladder cancer, Testicular conditions, Urinary tract infections, Urinary problems in men and women



Miss Tina Rashid BSc (Hons), MBBS (Eng), MRCS (Eng), FRCS (Urol)
Consultant Urological Surgeon

Main NHS base: Imperial College Healthcare NHS Trust

Clinical interests: Female urology, Recurrent urinary tract infections, Incontinence in men and women, Pelvic organ prolapse, Neuro-urology, Male-to-female gender reassignment



Mr Sarb Sandhu BSc (Hons), MBBS (Lon), MD (Lon), FRCS (Eng), FRCS (Urol)
Consultant Urologist

Main NHS base: Kingston Hospital NHS Foundation Trust and St George's University Hospitals NHS Foundation Trust

Clinical interests: Vasectomy and vasectomy reversal, Kidney stones, Prostate/Bladder conditions, Circumcision, Prostate laser surgery, Laparoscopic renal surgery, Uro-oncology including bladder/prostate cancer surgery



Miss Rashmi Singh BSc, MBBS, FRCS (Urol), MD
Consultant Urological Surgeon

Main NHS base: St George's University Hospitals and Kingston Hospital NHS Foundation Trusts

Clinical interests: Renal colic, Kidney stones (offers laser surgery), Urinary tract infections, Female urinary problems, Overactive bladder, BPH/Prostate disease, Haematuria, Scrotal surgery

VASCULAR SURGERY



Prof. Alun Davies MA, DM, DSc, FRCS, FHEA, FACPH, FFST, FLSW
Professor of Vascular Surgery and Consultant Surgeon, Clinical Director of Imperial Private Healthcare

Main NHS base: Imperial College Healthcare NHS Trust

Clinical interests: Varicose veins, DVT, Leg ulcers, Entrapment syndromes (TOS, MALS, Sports), Abdominal aortic aneurysms, Hyperhidrosis, Claudication, Raynaud's phenomenon, Hernia



Prof. Ian Loftus BSc, MB ChB, MD, FRCS
Consultant Vascular Surgeon

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Minimally invasive approaches to vascular disease and varicose veins, Endovenous treatments (radiofrequency, laser, ClariVein® and sclerotherapy), Popliteal entrapment, Thoracic outlet syndromes



Mr Sudip Ray MA, MS, FRCS
Consultant Vascular Surgeon

Main NHS base: Kingston Hospital NHS Foundation Trust

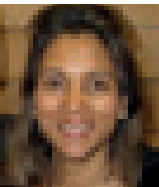
Clinical interests: Keyhole varicose veins and venous disease, Lower limb arterial diseases and swelling



Cancer Centre London Consultant Directory

Cancer Centre London Consultants

ONCOLOGY



Dr Merina Ahmed BSc, MBBS, MRCP, FRCR, MD (Res)
Consultant Clinical Oncologist

Main NHS base: The Royal Marsden and St George's University Hospitals NHS Foundation Trusts

Clinical interests: Lung tumours, Lymphoma, Skin cancer



Dr Mazhar Ajaz PhD, MRCP, FRCR
Consultant Neuro-oncologist

Main NHS base: Royal Surrey NHS Foundation Trust

Clinical interests: Neuro-oncology



Dr Taqdir Benepal BSc, MBBS, FRCP
Consultant Medical Oncologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Upper GI cancers, Lung cancers



Dr Shreerang Bhide MBBS, MRCP, FRCR, PhD
Consultant Clinical Oncologist

Main NHS base: The Royal Marsden NHS Foundation Trust

Clinical interests: Head and neck cancer, Gastrointestinal cancer



Prof. Angus Dalgleish MD, FRCP, FRACP, FRCPath, FMed Sci
Consultant Medical Oncologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

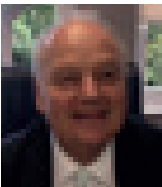
Clinical interests: Cancer immunotherapy, especially to treat: Melanoma, Prostate, Pancreatic, Gliomas, Other solid tumours types



Dr Alison Falconer MA, MRCP, FRCR
Consultant Medical Oncologist

Main NHS base: Hammersmith Hospital, Imperial College Healthcare NHS Trust

Clinical interests: Urological cancer, Neuro-oncology



Dr John Glees MD, FRCR, DMRT, Honorary Senior Lecturer at University of London
Consultant Clinical Oncologist (Radiotherapist)

Main NHS base: Private practice

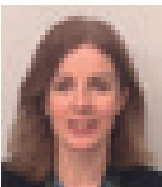
Clinical interests: Skin and prostate cancer, Colorectal, breast and lung cancer, Benign keloids, Dupuytren's disease, Ledderhose, Peyronie's disease, HBO, Psoriasis, Viral warts



Prof. Robert Huddart MA, MBBS, MRCP, FRCR, PhD
Professor of Urological Cancer and Honorary Consultant Clinical Oncologist

Main NHS base: The Royal Marsden NHS Foundation Trust

Clinical interests: Management of prostate, bladder and testicular cancer, Chemotherapy, radiotherapy, immunotherapy, isotope and hormone treatment of urological cancer



Dr Muireann Kelleher MB BCH, MRCP, PhD
Consultant Medical Oncologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

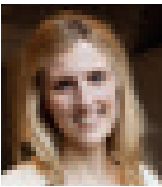
Clinical interests: Breast cancer



Dr Vincent Khoo MBBS, FRACR, FRCR, MD
Consultant Medical Oncologist

Main NHS base: The Royal Marsden NHS Foundation Trust

Clinical interests: Prostate, bladder, renal, testicular and penile cancer



Dr Anna Kirby BA (Hons), MB BChir, MA, MRCP, FRCR, MD (RCS)
Consultant Clinical Oncologist

Main NHS base: The Royal Marsden NHS Foundation Trust

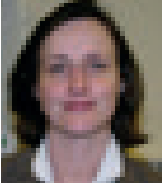
Clinical interests: Radiotherapy for breast cancer



Dr Susan Lalondrelle BMBSc, MRCP, FRCR
Consultant Clinical Oncologist

Main NHS base: The Royal Marsden NHS Foundation Trust

Clinical interests: Chemotherapy and radiotherapy including IMRT, IGRT and CyberKnife® for gynaecological cancers, Brachytherapy, Radiotherapy and brachytherapy for skin cancers



Dr Fiona Lofts BSc, MBBS, PhD, FRCP
Consultant Medical Oncologist

Main NHS base: St George's University Hospitals NHS Foundation Trust

Clinical interests: Gynaecological and colorectal cancer



Dr Charles Lowdell BSc, LRCP, MRCS, MBBS, FRCP, FRCR
Consultant Clinical Oncologist

Main NHS base: Charing Cross Hospital, Imperial College Healthcare NHS Trust

Clinical interests: Clinical oncology (radiation chemotherapy), Breast cancer, Gastrointestinal cancer, General oncology

ONCOLOGY (CONT)



Dr Janine Mansi MD, FRCP
Consultant Medical Oncologist

Main NHS base: Guy's and St Thomas' NHS Foundation Trust
Clinical interests: Breast cancer, Medical oncology



Dr Won-Ho Park MBBS, MRCP, FRCR, MSc
Consultant Clinical Oncologist

Main NHS base: Charing Cross and St Mary's Hospital, Imperial College Healthcare NHS Trust
Clinical interests: Cancer services, Acute oncology service, Chemotherapy, Gynaecology, Oesophago-gastric cancer, Radiotherapy



Dr Ruth Pettengell MB ChB, FRACP, PhD
Consultant Medical Oncologist

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Haemato-oncology, Lymphoproliferative disorders



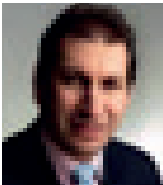
Prof. Raymond Powles MD, BSc, FRCP, FRCPath, CBE
Consultant Medical Oncologist

Main NHS base: Private practice
Clinical interests: Bone marrow transplants, Myeloma, Leukaemia



Prof. Trevor Powles PhD, FRCP, CBE
Consultant Medical Oncologist

Main NHS base: Private practice
Clinical interests: Diagnosis, prevention and treatment of breast cancer



Dr Paul Ross MBBS, PhD, FRCP
Consultant Medical Oncologist

Main NHS base: Guy's and St Thomas' and King's College Hospital NHS Foundation Trusts
Clinical interests: Gastrointestinal cancers, Colorectal cancer, Oesophago-gastric cancer, Liver cancer, Pancreatobiliary malignancies and cancers of unknown primary, Management of neuroendocrine (carcinoid) tumours



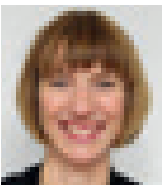
Dr Richard Shaffer MBBS, BSc (Hons), MRCP, FRCR
Consultant Clinical Oncologist

Main NHS base: Private practice
Clinical interests: Radiotherapy and chemotherapy for prostate cancer, bladder cancer and brain tumours, Radiotherapy for skin cancer, keloids, early Dupuytren's, Ledderhose and plantar fasciitis



Prof. Ian Smith MB ChB, MRCP, MD, FRCP
Consultant Medical Oncologist

Main NHS base: Private practice
Clinical interests: All aspects of breast cancer, including new treatments



Dr Anna-Mary Young MA (Cantab), MBBS, MRCP, PhD
Consultant Medical Oncologist

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Upper gastrointestinal and hepatopancreatobiliary malignancies, Carcinoma of unknown primary

HAEMATOLOGY AND HAEMATO-ONCOLOGY



Dr Zaid Abboudi FRCP, FRCPath, DCPATH
Consultant Haematologist

Main NHS base: Kingston Hospital NHS Foundation Trust
Clinical interests: Haemato-oncology, Leukaemia, Lymphoma, Myeloma, Lymph node pathology, General haematology



Dr Fenella Willis MBBS, BSc, MD, FRCP, FRCPath
Consultant Haematologist

Main NHS base: St George's University Hospitals NHS Foundation Trust
Clinical interests: Haemato-oncology (myeloma, leukaemia, lymphoma and myeloproliferative disorders), General haematology



Dr Samir Zebari MB ChB, MSc (HAEM), FRCP (UK), MRCP, MRCPATH
Consultant Haematologist

Main NHS base: Kingston Hospital NHS Foundation Trust
Clinical interests: Managing acute and chronic leukaemia, Lymphoma, Myeloma, Anaemia, Bleeding and clotting disorders

PALLIATIVE CARE



Dr Beata LeBon MSc, FRCP
Consultant in Palliative Medicine

Main NHS base: Frimley Health NHS Foundation Trust
Clinical interests: Pain and other symptoms management, Management of cancer complications and treatment side effects, Palliative care in the community, Advance care planning



Prof. Patrick Stone MA, MD, FRCP
Consultant in Palliative Care

Main NHS base: University College London Hospitals NHS Foundation Trust
Clinical interests: Palliative (hospice) medicine and supportive care, including pain and symptom control

Parkside Private Hospital

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Useful contacts

**Parkside Private Hospital
main switchboard**

T: 020 3925 6640

Outpatient appointments

T: 020 3918 6410

E: OPDAppointments@parkside-hospital.co.uk

NHS e-Referral team

T: 020 8971 1261

E: NHSContractsTeam@parkside-hospital.co.uk

Self-pay team

T: 020 3925 1062

E: selfplay@parkside-hospital.co.uk

Diagnostic imaging service

T: 020 8971 8026

E: diagnostics@parkside-hospital.co.uk

Physiotherapy

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Director of Nursing and Clinical Services

Liz Dowling

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Useful contacts

**Cancer Centre London main reception
and general information**

T: 020 8247 3351

020 8247 3352

E: info@cancercentrelondon.co.uk

Outpatient appointments

T: 020 8247 3379

T: 020 8247 3380

Other direct lines:

Chemotherapy

T: 020 8247 3369

T: 020 8247 3419

CT planning

T: 020 8247 3412

Nuclear medicine

T: 020 8247 3428

Patient liaison/finance

T: 020 8247 3406

Pharmacy

T: 020 8247 3367

Physics

T: 020 8247 3414

Radiotherapy

T: 020 8247 3436

Cancer Centre London

Cancer Centre London
49 Parkside, Wimbledon
London SW19 5NB

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PARKSIDE
PRIVATE HOSPITAL

**CANCER CENTRE
LONDON**

One Stop Breast Clinic now open 6 days a week

We have introduced an outpatient One Stop Breast Clinic for patients with any breast symptoms. These include:

- a lump or thickening in the breast or armpit
- a change in the size, shape or feel of one or both breasts
- a change in the position of the nipple, such as turning inwards
- fluid (which may be bloodstained) leaking from the nipple
- breast or nipple pain
- skin changes in the breast, such as puckering, dimpling, a rash or redness of the skin

Our One Stop Breast Clinic involves a three-stage assessment, which results in a thorough and accurate diagnosis. No referral is required.

What is included:

- ✓ Clinical assessment with a specialist breast consultant
- ✓ Review of full medical history and any risk factors
- ✓ Breast ultrasound scan and, if required, mammogram
- ✓ Fine needle aspiration and biopsy if any abnormality is detected
- ✓ Rapid diagnosis of breast symptoms

Call us on 020 3925 1062 or email selfpay@parksidehospital.co.uk

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PART OF ASPEN HEALTHCARE



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